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Dr. Jared Overman DPM

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Do you have pain in your heel thatsquo;s worse when you first get out of bed in the morning? Has your heel pain been increasing over a period of months? Does it feel like a pin is sticking into the bottom of your foot? You could have plantar fasciitis or heel spurs.

About the Author Dr. Jared Overman, DPM has received extensive fellowship training in reconstructive foot and ankle surgery, including adult and pediatric flat foot deformities, infants' and children's club foot deformities, and foot and ankle trauma. He also has extensive training in the diagnosis and treatment of nerve pain conditions related to neuropathy, drop foot, restless legs, and balance and gait, as well as ongoing training in the latest and most current treatment options for pain relief.