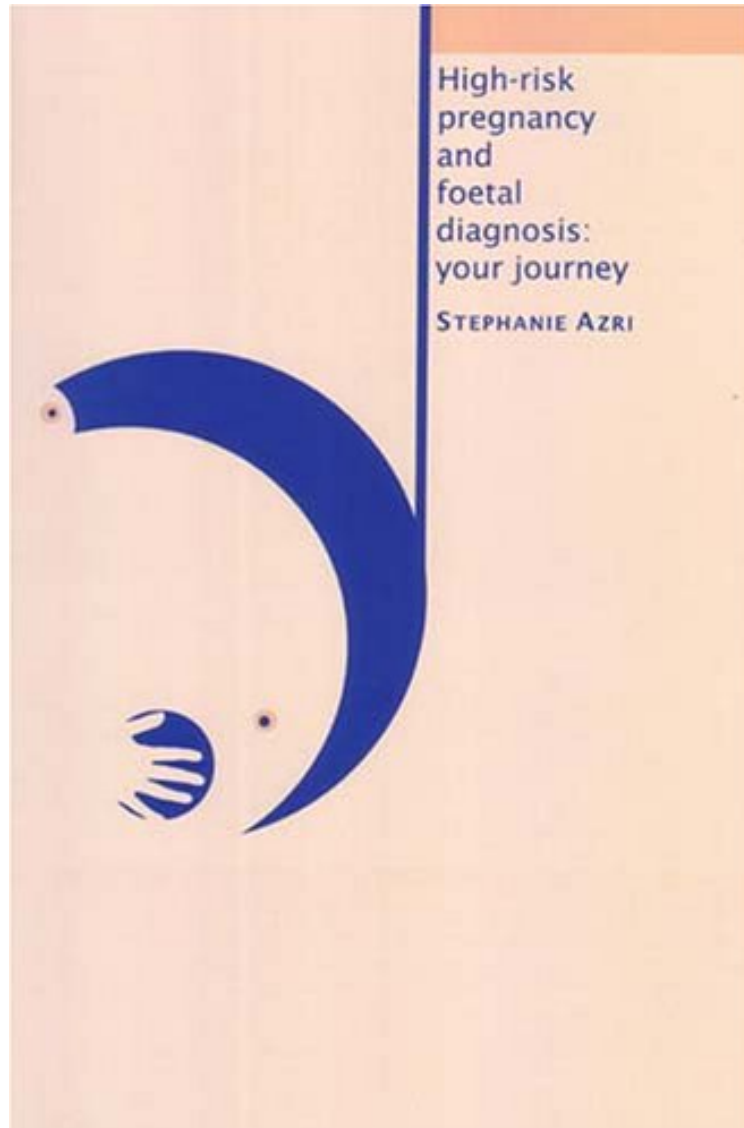


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High-Risk Pregnancy and Foetal Diagnosis: Your Journey

Stephanie Azri

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Stephanie Azri : High-Risk Pregnancy and Foetal Diagnosis: Your Journey before purchasing it in order to gauge whether or not it would be worth my time, and all praised High-Risk Pregnancy and Foetal Diagnosis: Your Journey:

3 of 3 people found the following review helpful. In touch with the emotions and difficult choices By Midwest Book Review High-Risk Pregnancy and Foetal Diagnosis: Your Journey by professional family therapy, grief, and women's health counselor Stephanie Azri is a practical guide written especially for women who must cope with medical diagnoses that put them in a high-risk category, or indicate abnormalities in their unborn. High-Risk Pregnancy and Foetal Diagnosis outlines in plain terms the choices expectant mothers and fathers have with regard to screening tests

and their risks, cases where the unborn is diagnosed with a potentially fatal disorder, labor and delivery versus means of terminating high-risk pregnancies or pregnancies with a severe malformation, the options for placing a child with Down's syndrome or other severe but nonlethal genetic flaws if the family feels unable to give proper care, and much more. Individual personal written testimonies put the reader in touch with the emotions and difficult choices that others who may have been in the same position have had to make.

This book offers practical guidance to women who are suddenly confronted with medical diagnoses that place them in a high-risk category or indicate abnormalities in their developing babies. The author draws on her own personal experience to provide useful information about a wide range of medical conditions in a way that takes account of the emotional and psychological impact. The sections devoted to the diagnosis of high-risk pregnancy and fetal anomalies include a range of first-person accounts of these experiences. In sections on pregnancy, labor, and on the death of a child, the author provides a wealth of advice for dealing with the practical, ethical, and emotional issues that can arise in the different stages of these experiences of pregnancy. The author refers to recent scientific findings in this field and provides a comprehensive glossary of medical terms, as well as a further reading section for both adults and children within families affected by these medical conditions. The book has a strong practical focus throughout and the author provides a list of recipes to accompany the dietary advice and suggestions of specific exercises to promote health during this journey. The book also supplies comprehensive lists of support organizations throughout the world that specialize in helping people to deal with the requirements of specific medical conditions.

About the Author Stephanie Azri is a counsellor working in the field of women's health, grief and loss and family therapy.