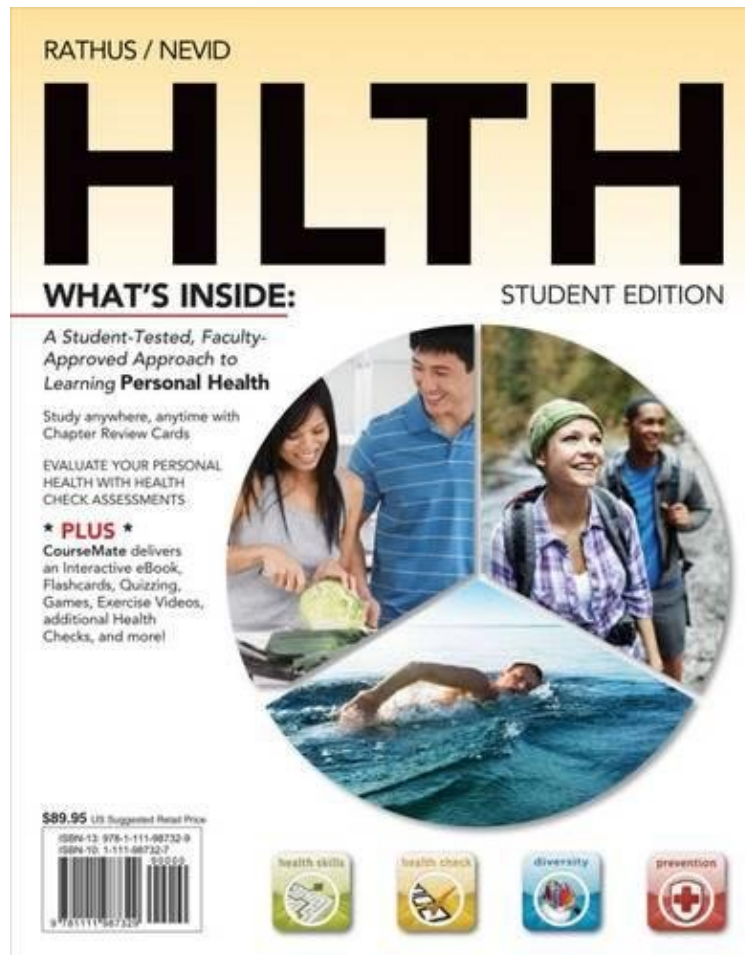


(Free and download) HLTH (with CourseMate, 1 term (6 months) Printed Access Card)

HLTH (with CourseMate, 1 term (6 months) Printed Access Card)

Jeffrey S. Nevid, Spencer A. Rathus

*Download PDF / ePub / DOC / audiobook / ebooks



DOWNLOAD



+

READ ONLINE

#654261 in Books 2012-01-01 Original language: English PDF # 1 10.70 x .60 x 8.401, 2.10 #File Name: 1111987327400 pages Interactive Health Check assessments Chapter-In-Review Cards Auto-Graded Quizzing Downloadable Flash Cards | File size: 58.Mb

Jeffrey S. Nevid, Spencer A. Rathus : HLTH (with CourseMate, 1 term (6 months) Printed Access Card) before purchasing it in order to gauge whether or not it would be worth my time, and all praised HLTH (with CourseMate, 1 term (6 months) Printed Access Card):

0 of 0 people found the following review helpful. Very happy with book By Taylor M Very happy with book, some writing/highlighting and the front is almost ripped off. But its legible, no water damage, and arrived very quickly. 0 of 0 people found the following review helpful. Five Stars By Customer Exactly what I needed 0 of 0 people found the following review helpful. Five Stars By Customer Came quick was as described

Created through a "student-tested, faculty-approved" review process with over 100 students and faculty, HLTH is an engaging and accessible solution to accommodate the diverse lifestyles of today's learners. HLTH engages students

with interactive Health Check assessments, in addition to a range of features on everything from the effect of socioeconomic status on health to a checklist to help choose a primary care physician, that help students relate course concepts to their personal lives.

1. A Healthy You! 2. Psychological Health. 3. Stress and Your Health. 4. Intimate Relationships and Sexuality. 5. Reproductive Health. 6. Substance Use and Abuse. 7. Alcohol and Tobacco. 8. Fitness for Life. 9. Nutrition for Life. 10. Managing Your Weight. 11. Combating Heart Disease, Cancer, and Other Major Diseases. 12. Infection and Immunity. 13. Playing it Safe: Preventing Injury, Violence, and Abuse. 14. Consumerism: Making Health Care Safe, Effective, and Accessible. 15. Health and the Environment. 16. Healthy Living Across the Lifespan.

About the Author
Dr. Jeffrey Nevid is Professor of Psychology at St. John's University in New York. He received his doctorate from the State University of New York at Albany and completed a post-doctoral fellowship in evaluation research at Northwestern University. He has accrued more than 200 research publications and professional presentations and is the author or coauthor of more than a dozen textbooks and other books in psychology and related fields, many in multiple editions. Dr. Nevid has conducted research in many areas of psychology, including health psychology, clinical and community psychology, social psychology, gender and human sexuality, adolescent development, and teaching of psychology. His research publications have appeared in such journals as *Health Psychology*, *Journal of Consulting and Clinical Psychology*, *Journal of Community Psychology*, *Journal of Youth and Adolescence*, *Behavior Therapy*, *Psychology and Marketing*, *Professional Psychology*, *Teaching of Psychology*, *Sex Roles*, and *Journal of Social Psychology*, among others. Dr. Nevid also served as Editorial Consultant for the journals *Health Psychology* and *Psychology and Marketing* and as Associate Editor for the *Journal of Consulting and Clinical Psychology*. He is actively involved in conducting research on pedagogical advances to help students succeed in their courses.

Spencer A. Rathus received his Ph.D. from the University at Albany and is on the faculty of The College of New Jersey. His research interests include treatment of obesity and eating disorders, smoking cessation, human growth and development, methods of therapy, and sexual dysfunctions. He is the author of the widely used Rathus Assertiveness Schedule and has written several college textbooks, including *PSYCH*, *HDEV*, *AIDS: WHAT EVERY STUDENT NEEDS TO KNOW*, *HUMAN SEXUALITY IN A CHANGING WORLD*, *ABNORMAL PSYCHOLOGY IN A CHANGING WORLD*, and *CHILDHOOD AND ADOLESCENCE: VOYAGES IN DEVELOPMENT*.