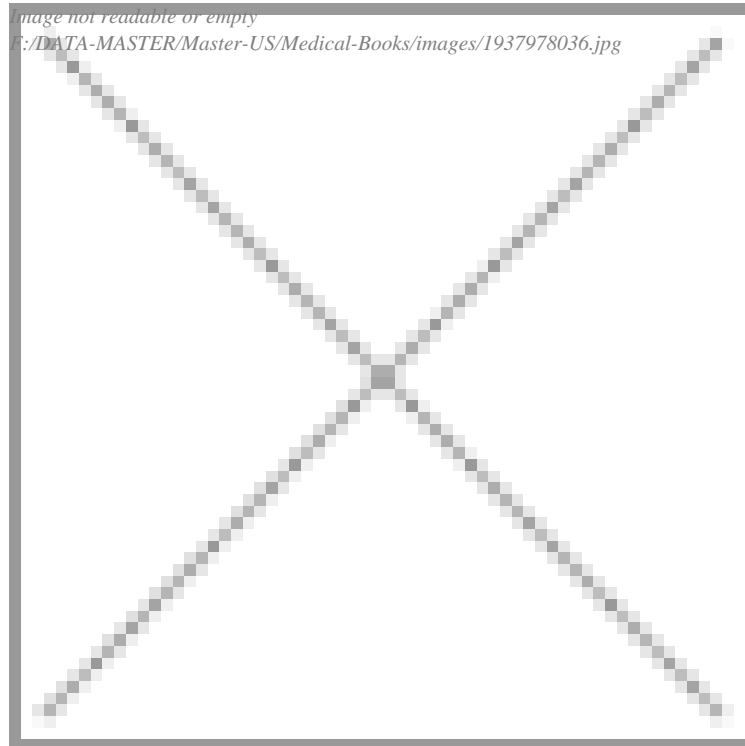


(Ebook pdf) Hopes Fears, Dreams Tears: A County Memoir (Hardcover by Mehta, Niraj)

## Hopes Fears, Dreams Tears: A County Memoir (Hardcover by Mehta, Niraj)

*Niraj Mehta*

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**Niraj Mehta : Hopes Fears, Dreams Tears: A County Memoir (Hardcover by Mehta, Niraj)** before purchasing it in order to gauge whether or not it would be worth my time, and all praised Hopes Fears, Dreams Tears: A County Memoir (Hardcover by Mehta, Niraj):

0 of 0 people found the following review helpful. You'll laugh! You'll cry... from laughing so hard!By ShaylaThe narrative arc from student to attending (i.e. peon to "pretending") with all of the interceding trials, tribulations, defining moments, small victories and gradual shifts in perspective speaks to everyone who has survived this baptism by fire process. HFDT shows us the value of macroscopic reflection on this journey - in yielding everything from better self-knowledge and self-awareness to comical fodder that reminds us to never take ourselves too seriously.Many heartfelt as well as literal LOL moments - all packaged in easily digestible chapters. A good on-call read!0 of 0 people found the following review helpful. ... delayed finishing the read of this book because I loved the connection I felt between the author and myselfBy TravisI delayed finishing the read of this book because I loved the connection I felt between the author and myself.Mehta's personal story of becoming a doctor invites the reader into the world of interns, residents, and doctors. With skill and humor, Niraj shares his love of literature, his compassion for learning, and his intrigue for healing. No wonder he chose LBJ in Houston.I'll reread this.0 of 0 people found the following review helpful. Four StarsBy sara s selberSo well done! A page turner.

Every destination has a journey and every journey has a story. The County traces the story of a young medical student full of idealism as he starts his training. Yet lacking in knowledge, he embarks on a confusing journey full of Hopes and Fears, Dreams and Tears at a County Hospital similar to one that most doctors in United States train at today. Using humor to deal with triumphs and tragedies, both personal as well as those involving his patients, the young doctor in training finally achieves wisdom decades later as a full-time medical educator teaching at the same County Hospital. Having come full circle, he finally realizes that perhaps all he ever needed to know to be a successful healer he already knew as a young medical student.

"Dr. Niraj Mehta's medical memoir is at once honest and thought provoking. He has a great sense of humor: the book will keep you laughing even as it helps you understand the difficult and stressful challenges faced by medical students and interns, and also the exhilaration of being able to save lives. The book teaches us several important lessons about compassion as well. A great read!"