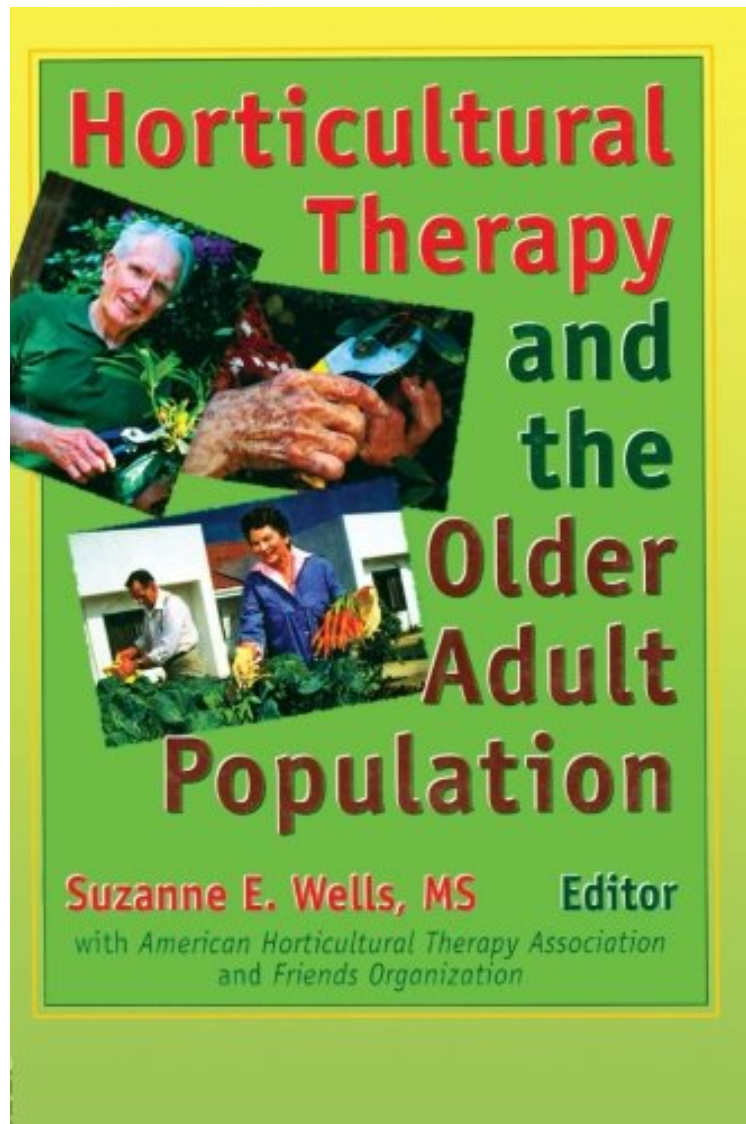


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Horticultural Therapy and the Older Adult Population

Suzanne Wells

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information for those interested in starting therapy programs for ...By Penny M GarnerBook was delivered as expected. Technical book that has good information for those interested in starting therapy programs for seniors.17 of 18 people found the following review helpful. A Totally Useful BookBy Thomas Leo OgrenI wish that Horticultural Therapy and the Older Adult Population, which was edited by Suzanne Wells, I wish this book would sell better. There is a real need for the material in this book to be widely dispersed, read and used. For people working with older folks the information here centers on the practical. It is well-researched, well thought out, nicely edited. I am a garden writer myself (Allergy-Free Gardening) and one of the things I've written was a book produced by the National Council of State Garden Clubs, called "Horticultural Therapy/ A Guide for all Seasons." That book, edited by Martha DeHart and Joan Brown, covers much therapy ground. However, for using hort. therapy with the elderly, this book here is the best reference.I have seen some amazingly good things happen from hort. therapy. Working with plants and gardens makes life better, makes people feel more human, more alive. Recently I heard a talk given by the man in charge of the new hospital addition at Loma Linda University Medical Center. They are planning to spend millions to set up far greater access for their patients and the gardens. They have the data to show that it not only saves and enriches lives, it also saves money---lower medical costs.I recommend Horticultural Therapy and the Older Adult Populationhighly. A very good book.

Horticultural Therapy and the Older Adult Population is the guidebook you've been waiting for since the American Horticultural Therapy Association's (AHTA) 1981 publication. With an updated collection of chapters in the area of horticultural therapy and older adults--ranging from a review of relevant literature to descriptions of existing horticultural therapy programs--this book will stimulate networking and information sharing among horticultural therapists and other professionals working with older adults, spur new ideas, and foster continuing research in the field. The book's importance is recognized internationally, and it is soon to be published in Japanese.In Horticultural Therapy and the Older Adult Population, you will find chapters on garden designs to enhance the horticultural therapy experience, descriptions of existing horticultural therapy programs for older adults, and new research to evaluate the effectiveness of horticultural therapy with this population. Whether you're an established horticultural therapist, a nursing home administrator, or a gerontology educator, this book will help you design gardens, set up and evaluate programs, and develop curriculum.Horticultural Therapy and the Older Adult Population also includes the results of a survey sent to all registered members of AHTA who work with the older adult population. The survey responses provide information about the institutions and the population served, programming activities, program staffing, program evaluation, and funding. Another beneficial feature of the book is a resource-packed bibliography. Prepared as a service to horticultural therapists and others working with older adults, it covers the most relevant publications--giving you more places to find inspiration and ideas for improving care to the elderly through horticultural therapy.