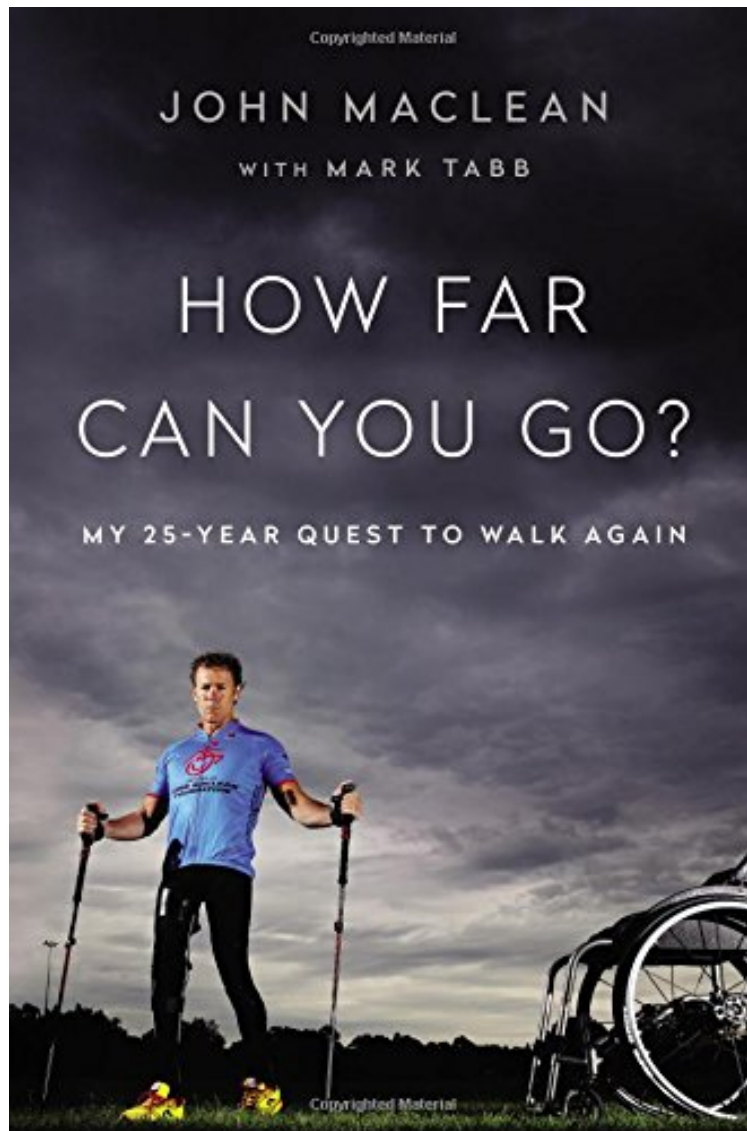


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How Far Can You Go?: My 25-Year Quest to Walk Again

John Maclean

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John Maclean : How Far Can You Go?: My 25-Year Quest to Walk Again before purchasing it in order to gauge whether or not it would be worth my time, and all praised How Far Can You Go?: My 25-Year Quest to Walk Again:

0 of 0 people found the following review helpful. Powerful By Roben This was a well-paced and wonderful read. The emotional elements running through this man's journey were touching, yet never falling into that area of self pity, his strength, determination, and sheer will were beyond stimulating. Whatever tiny setbacks I had going on in my life at

the time were immediately extinguished. I wish I had even one tenth of this man's stamina.0 of 0 people found the following review helpful. Hero's JourneyBy Marsha RobbinsIt seems we often cross paths with just the person who inspires us at just the right time. Not long ago, John Maclean was that person for me. Over a cup of coffee, he shared his story with me. What an incredible man! His is truly a hero's journey. I've now read his book and have recommended it to others. I've shared his experiences with students I teach and together we've marveled at his courage and willingness to take on the challenges life sends. There is much to learn from this individual. Thank you, John, for giving us the opportunity.2 of 2 people found the following review helpful. An amazing book filled with so much courageBy Elizabeth BerryAn amazing book filled with so much courage, strength, faith love. John proves if you want something go out and get it!! Never give up on your dreams!!

An inspirational memoir by a man who became an elite wheelchair athlete after suffering a catastrophic spinal injury and who finally walked again 25 years after his accident.After two years of intense physical therapy following his crippling accident, John Maclean set a new course for himself when his father encouraged him to embrace his new reality and asked: "How far can you go?" Inspired, Maclean became the first paraplegic to complete the Ironman World Championship and swim the English Channel before going on to win a silver medal for rowing at the 2008 Paralympic Games--yet these achievements did not come easy or on his first try. But with fierce tenacity, determination, and the love of family and friends Maclean was able to see each dream realized.Yet he longed for one more victory: to walk on the beach with his family, holding his wife's hand. Through a radical therapy, he retrained his mind and challenged conventional thinking to walk again after 25 years in a wheelchair. HOW FAR CAN YOU GO? is his amazing story.

About the AuthorJohn Maclean is a Paralympian and was the first wheelchair athlete to complete the Hawaii Ironman Triathlon World Championships and swim the English Channel. He is the founder of The John Maclean Foundation, assisting children in wheelchairs and their families. John lives in Australia with his wife, Amanda, and son, Jack. Mark Tabb has authored/co-authored more than 25 books, including Running For My Life, with U.S Olympian Lopez Lomong, and the #1 bestseller Mistaken Identity.