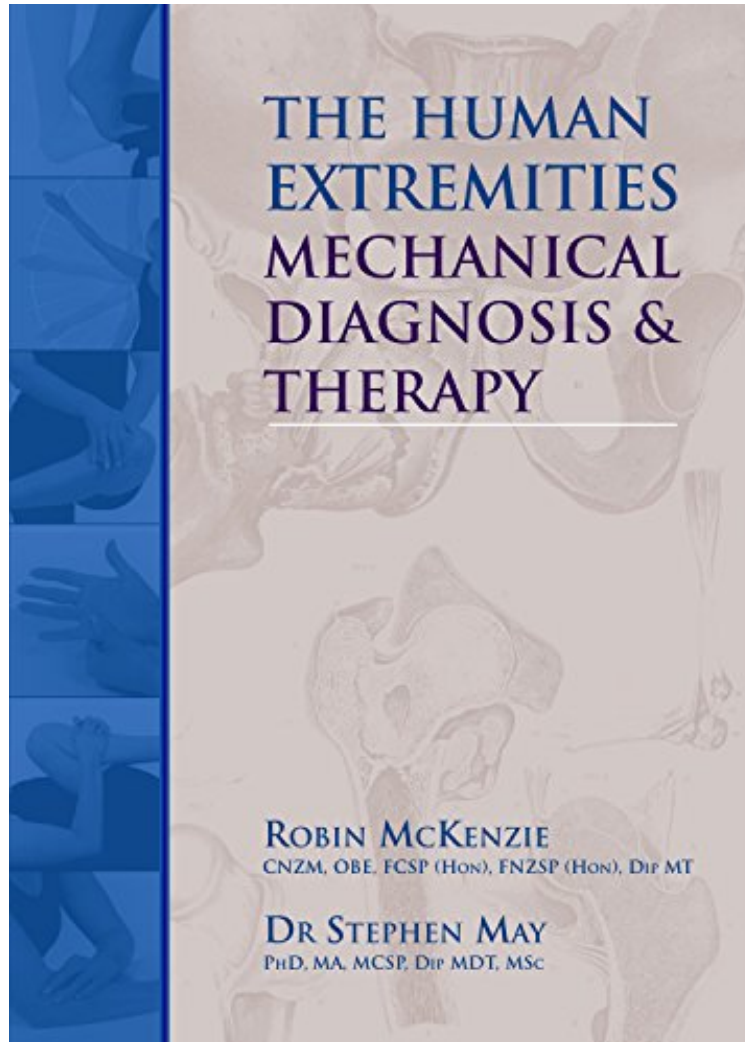


## Human Extremities: Mechanical Diagnosis and Therapy (806)

*Robin A. McKenzie*

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**Robin A. McKenzie : Human Extremities: Mechanical Diagnosis and Therapy (806)** before purchasing it in order to gauge whether or not it would be worth my time, and all praised Human Extremities: Mechanical Diagnosis and Therapy (806):

0 of 0 people found the following review helpful. Four Stars By Michaelgood starting manual, but needs to be updated w/ more current info and techniques demonstrated at PART E2 of 2 people found the following review helpful. Great Text By Steven D. Goostree This is a well written text that I feel should be required for all DPT students and entry-level musculoskeletal clinicians to read. With emerging literature stating that derangements may be as common in the extremities as they are in the spine, it will allow our patients to get classified and treated quicker. The method just makes sense! Robin McKenzie was definitely ahead of his time. 0 of 0 people found the following review helpful.

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This essential text draws upon the history of mechanical disorders to provide physical therapists and other clinicians with techniques to successfully treat extremity musculoskeletal conditions through mechanical means. Clinicians empowered with information help patients become involved in managing their own return to health. Rarely discussed concepts are presented in straightforward language and are supported with over 107 photographs, illustrations and diagrams. Written by Robin McKenzie and Dr. Stephen May. Illustrated. Softcover; 320 pages.

About the Author Robin McKenzie, CNZM, OBE, FCSP (Hon), FNZSP (Hon), Dip MDT, Dip MT For over 50 years, The McKenzie Method has put the power in the patient's hands, utilizing education and self-treatment strategies to provide long-lasting relief from pain. The late Robin McKenzie was a renowned spinal expert and an authority on the treatment of lower back and neck pain. His method of Mechanical Diagnosis and Therapy (MDT) is taught by clinicians around the world. MDT, along with his heralded series of books, DVDs, rolls and supports, has helped hundreds of thousands of people achieve freedom from back, neck, shoulder and knee pain.