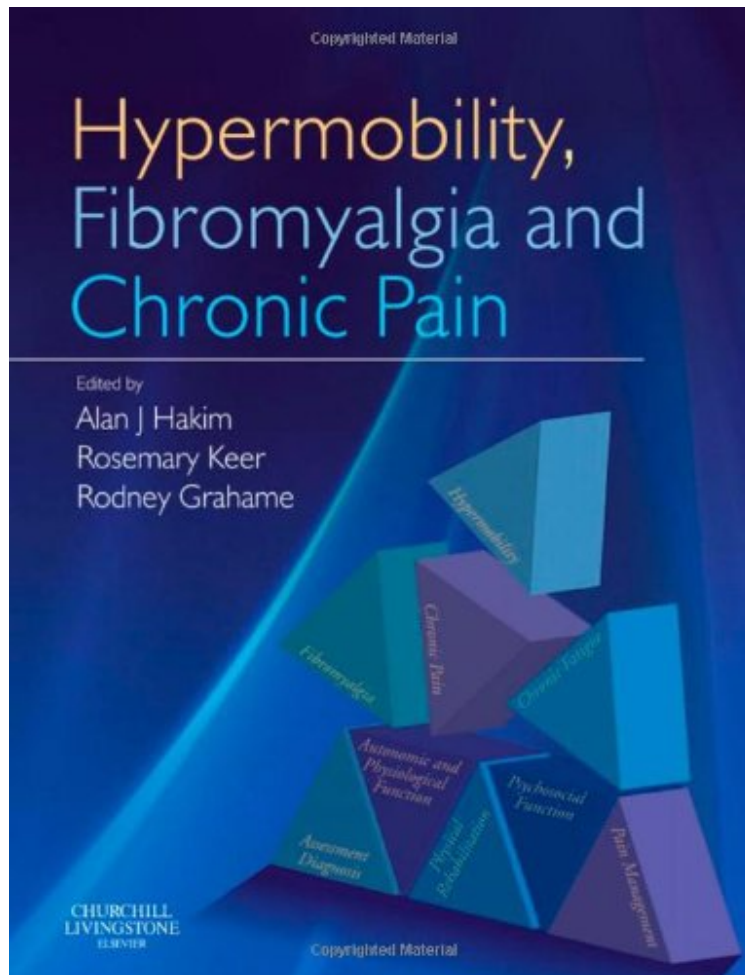


(Read ebook) Hypermobility, Fibromyalgia and Chronic Pain, 1e

Hypermobility, Fibromyalgia and Chronic Pain, 1e

From Brand: Churchill Livingstone
audiobook | *ebooks | Download PDF | ePub | DOC



 Download

 Read Online

#568792 in Books Churchill Livingstone 2010-10-07Original language:EnglishPDF # 1 .60 x 7.30 x 9.60l, 1.45 #File Name: 0702030058336 pages | File size: 42.Mb

From Brand: Churchill Livingstone : Hypermobility, Fibromyalgia and Chronic Pain, 1e before purchasing it in order to gage whether or not it would be worth my time, and all praised Hypermobility, Fibromyalgia and Chronic Pain, 1e:

29 of 29 people found the following review helpful. Consumate guide to Ehlers-Danlos Hypermobility Syndrome for doctors and patientsBy JandroidI bought this book in early 2012 as I was succumbing to a so-called "storm" or "cascade" of onset of Hypermobile type Ehlers-Danlos Syndrome that took me from walking to wheelchair in two weeks at 45. My LMT tipped me off to hypermobility, and a fellow patient on a Yahoo list-serve tipped me off to that being part of Ehlers-Danlos Syndrome with which I was subsequently diagnosed in February 2012. After 25 years of misdiagnosis and dismissal by too many doctors to count, I was eager to get my hands on everything I could read about it.This book is a consumate medical guide to this incredibly painful, systemic and hard to diagnose condition resulting from a collection of genetic collagen defects. Drs. Hakim, Grahame and Keer lay out the medical and

physical signs and manifestations in clear medical terms best for informing their fellow doctors. But determined patients can benefit from reading it too with google or a medical dictionary handy to translate a bit. Dr. Brad Tinkle's second edition book is a quicker and easier read for the layman or patient or busy doctor lacking time to drill down. That said, the book is becoming a bit dated, as research and study of Hypermobility and Ehlers-Danlos Syndromes steadily advances and the consensus grows around calling Hypermobility Syndrome, Joint Hypermobility Syndrome and Benign Joint Hypermobility Syndrome (quite passeacute;) all Hypermobile EDS now. (Not to be confused with the more rare but more easily defined and diagnosed 5 other types of EDS which also now have distinct tissue markers available for diagnostic laboratory testing). Leading experts including Dr. Grahame at the EDNF Conference in 2013 are realizing we may just be seeing the same "elephant" in the room at different stages, some more advanced than others. After all, many like myself spend decades trying to get diagnosed, only to succeed after becoming "visibly" disabled by it. Yet being genetic, it is present from birth, so one cannot say the patient did not have it all along despite not being "clinical". Yet pre-triggering, they are written off as just depressed or anxious, or having one of the other syndromes already mentioned. Most patients with "fibromyalgia" later learn they have EDS now (2014), and most pass the Brighton Diagnostic Criteria for Hypermobile Type EDS or HEDS at this time, as outlined in the book. Perhaps the authors can issue a second edition helping coalesce the various schools of thought around this issue and including the latest findings by the likes of Castori, M. et al stating EDS may run as high as 2% of the general population now. Over all though, this book is still worth purchasing even in 2014 for a good fundamental understanding of Hypermobility, Fibromyalgia and Chronic Pain, as the title states. We just need to get a copy into the hands of every rheumatologist and geneticist in the world so they quit missing it!

Signed - EDS patient, survivor and OR EDS Secretary 2014

48 of 49 people found the following review helpful. A Labor of Love - Science Real life help - does it get better? By joy

This volume is simply jam packed with a vast collection of all the good stuff: scholarship and science, passion and compassion, progressive thinking, hands-on shared expertise, techniques for caregivers, affirmation and clarity for patients, tables, diagrams, some pictures, with acknowledgement discussion of subjects often misunderstood or under-reported as, for example, dysautonomia can be. I have to say I'm a fan. Could it be because I have generalized joint hypermobility from a heritable disorder of connective tissue? You bet. That I also have dysautonomia, an 'iffy' neck, multiple surgeries on joints to help with early osteoarthritis? Absolutely. Maybe because I would not accept, 'your problem must be psychological as everything here's looking normal' from a respected medical center? Yup again.

This group of authors and those that dedicate their lives to the care of patients with rare-ish disorders of connective tissue - the invisible disorders to the untrained eye often enough - to me are heroes. We only have one short life to live and when I think of the pain and sorrow of the array of people throughout the globe that suffer severe debilitating chronic pain, some flexible as a gymnast, that look 'never sick a day in their life' I could cry. Yet these men and women and the clinicians mentioned throughout the book have spent their own very precious lives helping those with hypermobility....furthermore teaching other medical caregivers that they too can improve the quality of patients lives. It all begins with recognition. If you don't know to look for it - well how can any hope of understanding and treatment ensue? I have worked myself in hospitals for over 20 years and till very recently had never heard of joint hypermobility - and now rather than get upset as to why I feel like I always have a serious "whine" going on ... I understand why my toes hurt, my feet hurt, my knees and hips are 'new' literally, my back's not happy, nor my jaw, nor my shoulders for sure, and my hands? It was frankly overwhelming - cortisone here, new joint there, a little more cortisone there.... But wait that's not all - how about the dizzy fainty stuff, the racing heart rate, the daily bouts of 'lay down' before you fall down type of fatigue. Ever play catch up with a b/p that is sky high one minute and bottomed out the next? Very challenging minimally. Yet this is the life of one of "us" - and frankly my case could be considered mild to moderate in comparison to others. Enough about me though - what about all of you? If you have a patient that would love to dig deep into the science of what might be best for the physical therapist to try... Or if you are a clinician that is seeing any number of patients with symptoms that are multi-system from gi to cardiac to neuro -- yet nothing's making itself known clearly as diagnosis before the next new symptom comes along - learn about joint hypermobility. Is chronic pain an issue? Early osteoarthritis? Orthostatic Intolerance? There might be answers within the covers of this book and explanations to go with them. If you help even one patient it's worth the cost of this book most assuredly. This text I hope yet encourages more research, more study, more funding as the medical community seeks to learn more about this often frankly disabling rather invisible condition. I would give this book a standing ovation. Thank you!

The only down side I see to this book is the title. To me it is misleading and why I didn't purchase the book on first pass. I should have just by the excellent authors alone but I didn't understand the title. I do not have fibromyalgia and I've seen numerous books about fibromyalgia already published at bookstores and in libraries.... I would have bought it sooner had it not had that diagnosis in the title. Primarily as there are so few texts on Ehlers-Danlos Hypermobile type and Hypermobility Syndrome I did eventually get the book. Yet when you read the book in my view it speaks volumes to that JHS and less so to Fibromyalgia. Chronic Pain is evident in both entities for sure. But make no mistake - this is a sophisticated work, and excellent work for which I am very very grateful.

24 of 24 people found the following review helpful. Ehlers Danlos type III newly diagnosed, this was a life saver

By RJ

Fantasic book, providing insight and resources I have not found anywhere online not even on the EDS forums. I constantly use

this book to educate new doctors to my condition. I strongly recommend anyone with JHS or EDS to get two copies of this book- you will use them. I was ready for some of what this book had to offer, but was blown away and brought to tears reading some parts of it- knowing that there are a few who truly understand what life is like when you are hypermobile.

This groundbreaking new text explains and documents the scientific basis of chronic pain in Joint Hypermobility Syndrome (JHS) and other heritable disorders of connective tissue from the physiological, epidemiological, genetic and clinical viewpoints. It asks the reader to consider the possibility of JHS, identify it clinically, understand its comorbidities, including interdependencies with Fibromyalgia and Chronic Fatigue Syndrome, while managing the condition appropriately. Hypermobility, Fibromyalgia and Chronic Pain takes a multi-specialty and multidisciplinary approach to understanding JHS and its management, drawing together expertise from a broad group of internationally-recognized authors. The book is split into two sections. Section 1 deals with the clinical manifestations of JHS and Fibromyalgia, their epidemiology and pathophysiology. Section 2 covers clinical management. Here the reader will find chapters covering pharmacotherapeutics, psychotherapy and physical therapies that address the needs of patients from childhood to adulthood. It is hoped that Hypermobility, Fibromyalgia and Chronic Pain will advance knowledge of therapies and provoke further research while stimulating interest and encouraging debate. Comprehensively relates practical therapy to the nature of the underlying pathology. Covers in one single text both the scientific and practical management aspect of Joint Hypermobility Syndrome and its allied pathologies. Contributions from over 30 leading international experts. Multidisciplinary approach will support all health professionals working in this field.