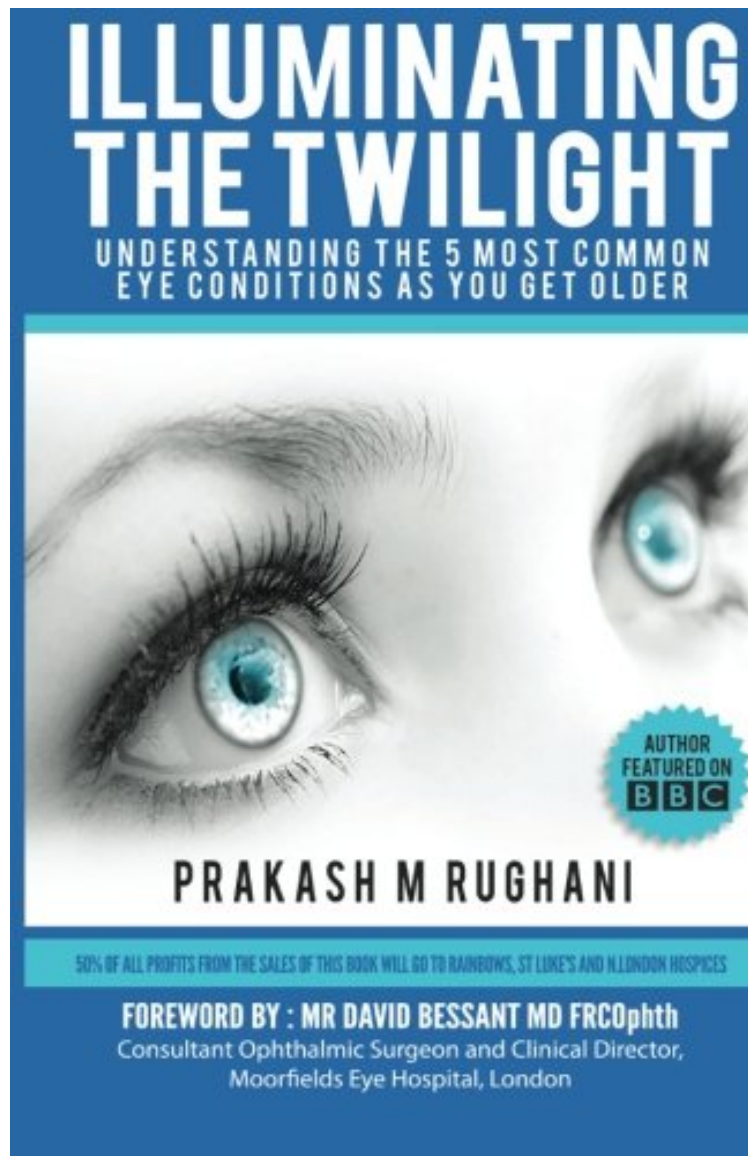


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Illuminating the Twilight: Understanding The 5 Most Common Eye Conditions As You Get Older

Prakash M. Rughani

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Illuminating the Twilight: Understanding The 5 Most Common Eye Conditions As You Get Older:

This easy to follow patient handbook is for everyone who wants to understand how their eyes will change as they get older but has difficulty in understanding some of the more common eye conditions. It provides the reader with a clear knowledge and it tackles the myths and misinformation that surround these conditions. It sheds light on this very important subject in a jargon free way. In fact just about anyone interested in their eyes can benefit from this book including students who will find it packed full of useful information in an easy to understand way.

About the Author Prakash M Rughani is a qualified optometrist who graduated from the City University and has been practising in New Barnet, Harrow and Harley Street in London for the past 30 years. He started his own practice at the tender age of 23 with his brother and currently carries out both NHS and private consultations. He consults in a pioneering glaucoma clinic in collaboration with specialists from the world-renowned Moorfields Eye Hospital and also has a private practice in Harley Street. His professional interests include myopia control in children, dry eyes, contact-lens fitting and helping the elderly with glaucoma and macular problems. His patients come from all over the world including New Zealand, Canada and the US and his expertise has been sought far and wide by not only a number of international sportsmen but also by members of Middle Eastern Royalty. His practices have won numerous awards including the Coutts family business of the year award.