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Laura L. Miller, Laurie T. Martin, Douglas Yeung, Matthew D. Trujillo, Martha J. Timmer
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Research Report

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A 2012 Survey of Airmen

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Martha J. Timmer



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Information and Communication Technologies to Promote Social and Psychological Well-Being in the Air Force: A 2012 Survey of Airmen:

This report presents the findings from an exploratory survey of 3,479 active-duty, guard, and reserve Airmen on their use of information and communication technology (ICT), the association between ICT use and social and psychological well-being, and the potential for Air Force mental-health professionals to use ICT to meet the needs of Airmen. It includes recommendations on ways the Air Force can leverage ICT to promote the well-being of Airmen.