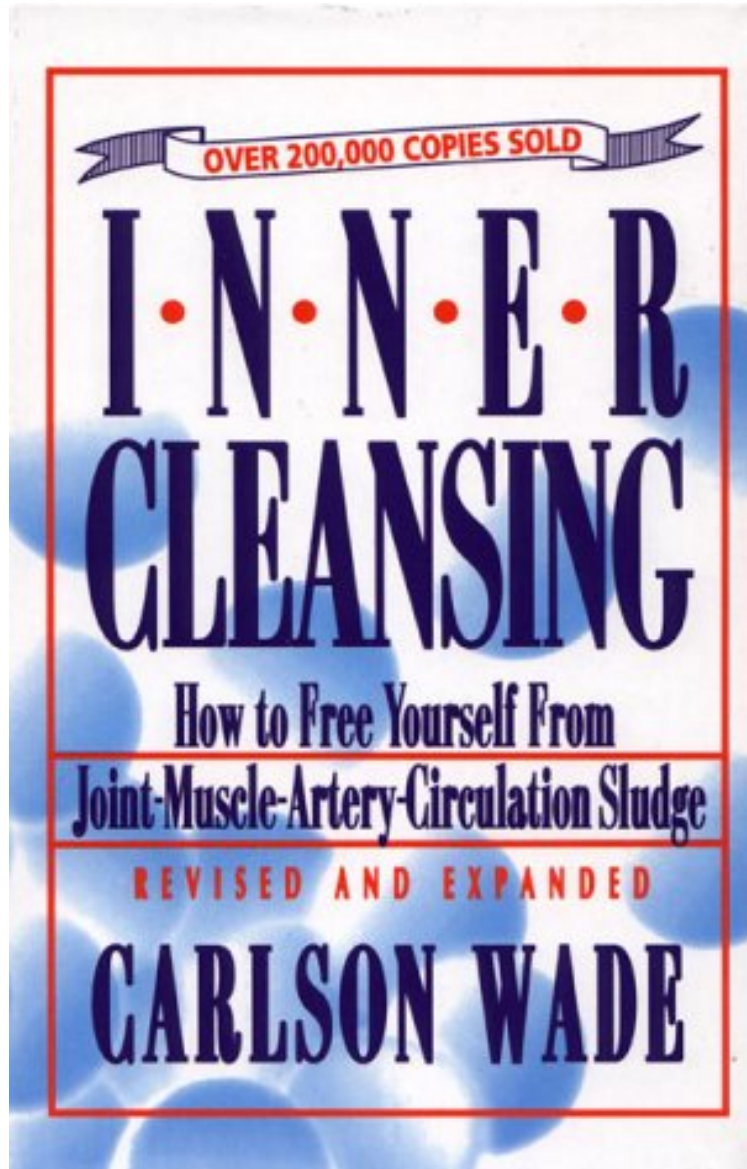


Inner Cleansing: How to Free Yourself from Joint-Muscle-Artery-Circulation Sludge

Carlson Wade

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This all-natural programme for self-rejuvenation shows how to flush 44 common illnesses from the body by using catalytic enzyme foods. The book argues that "disease-fighting" fruits, vegetables and grains flush out health-destroying toxins that cause of variety of diseases.