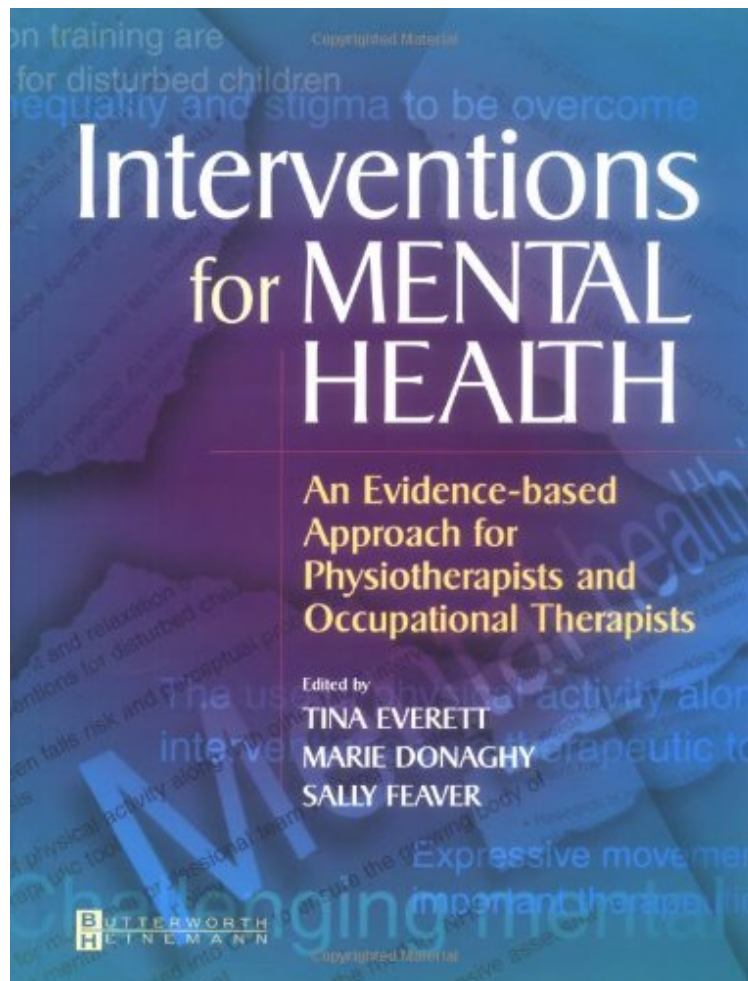


(Mobile book) Interventions for Mental Health: An Evidence Based Approach for Physiotherapists and Occupational Therapists, 1e

Interventions for Mental Health: An Evidence Based Approach for Physiotherapists and Occupational Therapists, 1e

From Brand: Butterworth-Heinemann

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0 of 2 people found the following review helpful. Aghhhhh!!!!!!!!!!!!!!By joannaI myself have unipolar major depression accompanied by myofacial syndrome. I work out and go to physical therapy. The people who wrote this book are completely dismissing the fact that depression, bipolar, etc are real diseases. only for people with mild depression will benefit from this, along with therapy and maybe some medication. mental illness is so misunderstood

and disrespected that they'll let any idiot write a book about it and publish it. ccan u imagine one of those dumb physiotherapists trying to get a schizophrenic who is in the middle of a psychotic episode that it his illness will go away if just jumped on an excercise bike?! I have never read such condescending oversimplification of such complex illnesses. I wonder if they ever thought to be cancer patient who is vomitting from chemo on a treadmill. dont worry, it'll go away. god help us all

Interventions for Mental Health An Evidence Based Approach for Physiotherapists is a key text for students in physiotherapy and occupational therapy and is essential reading for clinicians in mental health. Physiotherapists and Occupational Therapists are essential members of the mental health-care team with increasing challenges to meet in this area. This book is the definitive text for those treating patients with mental health problems focusing on a range of therapeutic interventions including physical activities and complementary therapies. Thoroughly revised and up-to-date with the Government's framework for mental health Evidence-based approach Chapters set in the context of clinical effectiveness Emphasis on service delivery, team-work and partnership Relates PT and OT techniques to specific areas within mental health, e.g. child psychiatry, sexual abuse, self-harm, eating disorders, substance misuse, forensic psychiatry, mental illness in old age, and chronic fatigue Highlights interventions such as complementary therapies and physical activities In-depth literature reviews of different treatments Discusses motivation and adherence to treatment, social integration and challenging behaviour. Rigorously revised, updated and expanded the continued popularity of this book is assured amongst all physiotherapists and occupational therapists as well of being an invaluable tool for GPs and mental health nurses advising and treating patients with mental health problems.

About the Author Edited books include Everett T., Donaghy M.E., Feaver, S 2003 Interventions in Mental Health: An evidence-based approach for Physiotherapists and Occupational Therapists Oxford: Butterworth Heinemann. Donaghy M., Nicol M., Davidson K Cognitive Behavioural Interventions in Physiotherapy and Occupational Therapy Edinburgh: Elsevier (in print to be published early 2008)