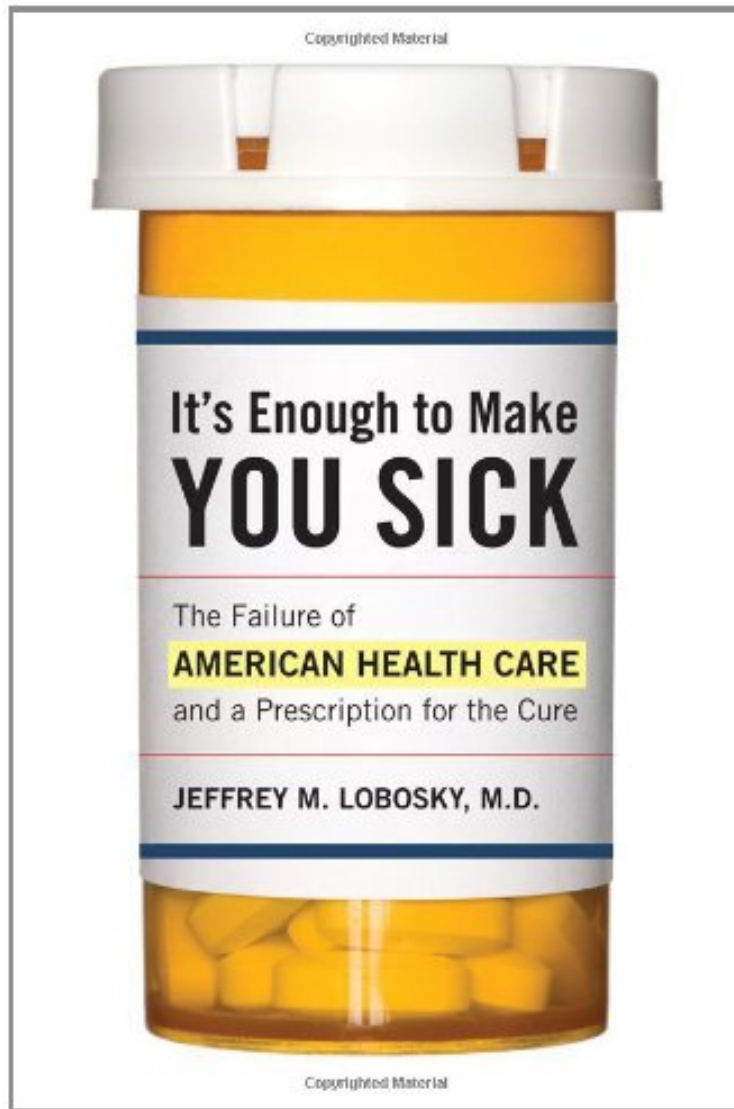


[Download] It's Enough to Make You Sick: The Failure of American Health Care and a Prescription for the Cure

It's Enough to Make You Sick: The Failure of American Health Care and a Prescription for the Cure

Jeffrey M. Lobosky

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Jeffrey M. Lobosky : It's Enough to Make You Sick: The Failure of American Health Care and a Prescription for the Cure before purchasing it in order to gauge whether or not it would be worth my time, and all praised It's Enough to Make You Sick: The Failure of American Health Care and a Prescription for the Cure:

13 of 13 people found the following review helpful. Health care solutions By Mark Merryfield This is an excellent look

about what is wrong with the health care industry and how we got in the current state of disfunction. But this is not a book only about what is wrong it is a book about solutions and answers for the 21st century. There are good solid personal stories that make this a very enjoyable read. No one is spared in this critical look at the faults in this broken system. As the saying goes " follow the money to the problem. " Those that benefit from the status quo are fully armed with lawyers , lobbyists, PAC funds and politicians . It is this critical look that names names and puts the whole thing in a spotlight for us to see. Now with the Supreme Court ruling on health care, the topic is front and center . The health care system is under attack from all sides and this book makes us knowledgeable consumers and voters. I especially like the candid patient doctor relations that are shared and how they can help us work for a better health care system. Jeffrey Lobosky offers up a working solution for the problems that face the health care industry. 3 of 3 people found the following review helpful. A Home Run of a Read By Jack Andryszak It's Enough to Make You Sick is a Home Run of a read. Dr. Lobosky touches all of the bases when discussing the causes for the dysfunctional health care system that faces America today. What I particularly liked is that he did not spare any single group from scrutiny including the medical profession, although he does come down a bit hard on the lobbyists. They are doing their job in advocating the positions of their clients, and those groups includes all the other interested parties to which he attaches some responsibility. His book is very readable and is laced with a fair amount of humor. While obviously well researched, the book is not dry nor a presentation of statistics; it is digestible by any audience. He succeeds with this approach. I also liked that Dr. Lobosky raises several practical and very real issues and problems with health care reform that many of us, including the authors of the Affordable Care Act, did not consider: particularly that there are not enough physicians, particularly general practitioners and internists, to serve the millions of Americans that will be included in the health care system going forward. This hurdle is something that cannot be easily overcome. One thing that I came away with is that we are facing a double or triple whammy with health care in the future, and the solutions may be a series of hard choices. While they may be as harsh as shutting out certain groups of Americans from full access to the marvels of modern medical technology that are now available, some sort of triage has to be part of the system. While Dr. Lobosky does not have all the answers, he puts a number of solutions on the plate and asks us to consider them. Policy makers and those we elect to make these hard decisions would benefit greatly from reading this book. As Dr. Lobosky concludes, the health care system is far from a perfect game, but it can be improved. This book is a must read for those who want this to occur. 1 of 1 people found the following review helpful. Straw on the camel's back By Dan Dr. Lobosky captures important aspects of the current American health care environment. Being a hospital administrator, my opinion is the beltway wonks really do need to visit hospitals and physician practices to see the tremendous volume of questionable value-added administrative tasks being required by a vast array of regulatory agencies. And, to see patients first hand as to their relationship with their providers. Providers have collected and stored vast amounts of personal information on patients for decades. One question is how this information is being used today and the explosion of 'structured data' being collected for Meaningful Use purposes. How will this information be used in the future, and by whom, to improve our Nation's health. Dr. Lobosky covers poignant areas, giving long pause to how will the nation receive great health care. I'm sure USA healthcare will be powerful in the decades to come. Just how will the patient fit into this future?? Dr. Lobosky gives some great insight.

More and more Americans are finding themselves without health insurance or with coverage that is so inadequate they face financial ruin in the event they actually get sick. So they go without. Their children don't receive their immunizations. They allow that worrisome lump in their breast to grow so large that by the time the cancer has been detected it has spread beyond the ability to cure. Seniors can't pay their heating bills or sustain adequate nutrition as the rising cost of their prescription drugs compels them to make difficult choices. Just how did our system become so dysfunctional and who is responsible? This book will tell you. Too often, discussions on the health care crisis focus a myopic lens on the usual suspects. We are all quick to point a finger at insurance companies who place profit over patients or the pharmaceutical industry that extorts obscene amounts of American dollars for the same drugs that cost 50 to 75 percent less when we cross our borders north or south. We blame trial lawyers who practice with a "lottery" mentality that protects neither the patient from negligent care nor good physicians from frivolous lawsuits. But the culpability for our crisis is more widespread. Hospitals have devolved from not-for-profit, community-based institutions to large, national for-profit chains. Doctors no longer spend time with their patients but instead rely on expensive, and often times, unnecessary tests and use physician extenders (such as P.A.s and nurse practitioners) to move patients along like cars on an assembly line. Politicians pass well-meaning laws as a knee-jerk reaction to a specific issue without understanding the unexpected consequences, which frequently only exacerbate the problem. And they operate in a system of special interests and influence peddling that all but assures the failure of any meaningful health care reform. And while we all demand high quality health care, few actually take preventative measures that could keep them out of the system they deride. This is a public that eats, drinks, and smokes to excess yet exercises far too seldom. *It's Enough to Make You Sick: The Failure of American Health Care and a Prescription for the Cure* discusses how things got so bad, tracking the origins of the U.S. health care system and illuminating how each of the important components have evolved over the last century. Lobosky explains how the varied special

interests have conspired to create a system that is by far the costliest in the world and yet is mediocre at best in providing quality care. He explores the various culprits and how each has contributed to the sad state of affairs. The Patient Protection and Affordable Care Act is dissected in detail, and a practical and compassionate blueprint for meaningful reform is offered to remedy the situation. This book is a must read for every American who is frustrated and disheartened by the recent health care battles, for every American who suffers through the "best health care system in the world," and for every American who wants to assure quality care for themselves and those they love.

Lobosky is not a health-care-policy expert, but rather a practicing neurosurgeon with nearly three decades of experience caring for the ill and injured. Written at least partly as an act of catharsis, his book condemns the contemporary state of the American health-care system and offers well-reasoned remedies. Lobosky bemoans the breakdown of the traditional doctor-patient relationship. He finds collective fault with the current system; everyone is responsible for its failure. In his view, there are "no absolute villains." Money is the source of much of the trouble. In 2010, more than \$2.5 trillion were expended on the country's health care. The chief cause of bankruptcy in the U.S. is catastrophic medical debt. This doctor finds the emphasis on profit in medical care problematic. The system needs an infusion of compassionate care. In his timely book, Lobosky makes a sound diagnosis: "market-based, profit-driven medicine has for the most part proven to be a colossal failure on many fronts." The cure remains frustratingly elusive. (Booklist) This book offers a cogent, uncompromised look at what our health care system has wrought. Dr. Lobosky is not your typical East L.A. name, but hale from there he does, and he provides the Grand Canyon view of health care in America through his career as a doctor on the front lines of health care delivery. Moreover, he does not spare any punches with his contemporaries, either, making the book both a good read as well as objectively not always the case in the health care furor these days.... As the stench from the election year permeates our air, keep this book on hand for some straight talk on the real machinations of the U.S. health care system when one of those pundits comes a-calling. (New York Journal of Books) Neurosurgeon Lobosky's history/manifesto aims to explain and expose healthcare in America by tracing insurance from 2100 B.C.E to contemporary Washington health politics. (Publishers Weekly) Wise, lucid, and readable, Dr. Lobosky's book explores the many ways that the U.S. health care system is dysfunctional. Wise words from a wise man. (Richard D. Lamm, Governor of Colorado, 1975–1987, Co-Director of the Institute for Public Policy Studies, University of Denver) Dr. Jeffrey Lobosky unabashedly diagnoses American healthcare as broken. 'It's Enough To Make You Sick' is provocative, challenging and timely. You may not agree with everything you read, but you will never think about health care the same way again. We all have a stake in making things better and Dr. Lobosky shows us the way. (Nancy L. Snyderman, M.D., F.A.C.S., NBC News Chief Medical Editor, associate professor Head and Neck Surgery, University of Pennsylvania, M.D., F.A.C.S., NBC News Chief Medical Editor, associate professor Head and Neck Surgery, University of Pennsylvania) Too many Americans either do not have health insurance or have inadequate coverage. Where, how, and when they receive health care distorts their quality of care and the health care system. Americans call the US health delivery system the best in the world; the country spends far more money on health care than any other society, and yet US health status statistics are largely mediocre. Neurological surgeon Lobosky (Univ. of California, San Francisco) describes a system dominated by special interests (insurance and pharmaceutical companies, trial lawyers, the medical profession, for-profit hospitals, and many others), who frequently place profits over patients. Politicians often have a limited understanding of the complex health care system; in response to pressures from these special interests and well-meaning constituents, they have created a system that is too costly, too complex, and fragmented with less than the desired health care outcomes. The current system is not only undermining the doctor-patient relationship but creating patients who are not sure that physicians act in their best interests. Lobosky provides valuable insight into the current health care dilemma and, in the context of the current political environment, suggests meaningful reforms to put patient needs at the center of care. Summing Up: Recommended. General readers; upper-division undergraduates and above. (CHOICE) About the Author Jeffrey M. Lobosky, M.D., is Associate Clinical Professor in the Department of Neurological Surgery at the University of California San Francisco and is Co-Director of the Neurotrauma Intensive Care Unit at Enloe Medical Center in Chico, California. He has served on the Board of Directors for the Joint Section on Trauma and Critical Care for the American Association of Neurological Surgeons and the Congress of Neurological Surgeons. He was also appointed one of organized neurosurgery's representatives to the American College of Surgeons' Committee on Trauma which advises national policy makers on health care issues. Dr. Lobosky has served as Chairman of the Board of the "Think First" National Injury Prevention Foundation and has received both national and international acclaim for his work on injury prevention. He is the author of numerous research articles in respected journals as well as several book chapters addressing the health care crisis in America. He is the recipient of numerous awards for his contributions to the field of trauma prevention and is an invited lecturer throughout the United States and abroad.