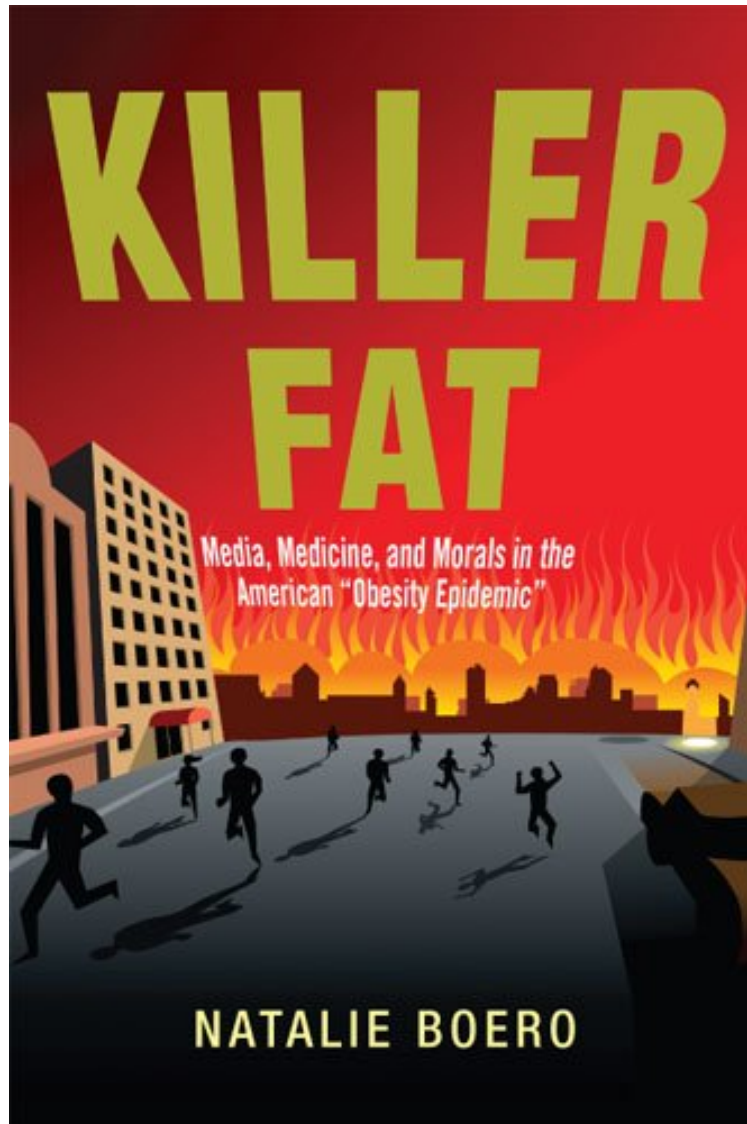


(Download pdf) Killer Fat: Media, Medicine, and Morals in the American "Obesity Epidemic

Killer Fat: Media, Medicine, and Morals in the American "Obesity Epidemic

Natalie Boero

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#1188559 in Books Natalie Boero 2013-08-12 2013-07-15 Original language: English PDF # 1 9.02 x .44 x 5.981, .64 #File Name: 0813564859192 pages Killer Fat | File size: 79.Mb

Natalie Boero : Killer Fat: Media, Medicine, and Morals in the American "Obesity Epidemic before purchasing it in order to gage whether or not it would be worth my time, and all praised Killer Fat: Media, Medicine, and Morals in the American "Obesity Epidemic:

0 of 1 people found the following review helpful. Five Stars By AdamA+++ Product!!! 0 of 1 people found the following review helpful. A dissertation on weight/culture/meaning By K. E. I found this book to be helpful in

delineating America's current decline into obesity. It's absolutely cultural and probably the biggest threat we have today in terms of resources and long term consequences to society. I have many European friends and we recently talked about the disparity in weight between our countries-the cultural biases and mores that lead to our "weight difference". It's funny, my husband is pretty for but his sister, who stole a ton of money from him and her family are quite large-obese even. My friend said that such a thing-stealing from ones family is absolutely very American-as Americans think on a very non collective basis. We don't think in terms of a collective or group-the burden his sister will put on society with her ever increasing problems as she goes on and her kid's as well is no concern to her as she can steal and lie to herself-very "Ugly American" indeed! In this book the author explores facets of our culture, our media bias (which tends to favor the thin segment) and our deep denial process that we as a culture need to look at. We are a greedy bunch, just like my sister in law and her crew, ravenously and unthinkingly wanting more with no regard to how they hurt others or ultimately, themselves! 6 of 6 people found the following review helpful. Accessible and not too academic
By Anna-Lisa Ulbrich
This is a great book... and I am so glad I read it! The author really makes a case for a new perspective on weight and health and the research- especially in the second half of the book- is fascinating. I initially thought this book might be too academic but I found it to accessible and relatively free of jargon. I would recommend it to anyone who is looking for a new take on a subject that never seems to go away.

In the past decade, obesity has emerged as a major public health concern in the United States and abroad. At the federal, state, and local level, policy makers have begun drafting a range of policies to fight a war against fat, including body-mass index (BMI) report cards, snack taxes, and laws to control how fast food companies market to children. As an epidemic, obesity threatens to weaken the health, economy, and might of the most powerful nation in the world. In *Killer Fat*, Natalie Boero examines how and why obesity emerged as a major public health concern and national obsession in recent years. Using primary sources and in-depth interviews, Boero enters the world of bariatric surgeries, Weight Watchers, and Overeaters Anonymous to show how common expectations of what bodies are supposed to look like help to determine what sorts of interventions and policies are considered urgent in containing this new kind of disease. Boero argues that obesity, like the traditional epidemics of biological contagion and mass death, now incites panic, a doomsday scenario that must be confronted in a struggle for social stability. The war on obesity, she concludes, is a form of social control. *Killer Fat* ultimately offers an alternate framing of the nations obesity problem based on the insights of the Health at Every Size movement.

"This is a timely and thoughtful book. It clearly reveals the disconnect between public pronouncements on obesity and what a great many fat people experience in their own lives."