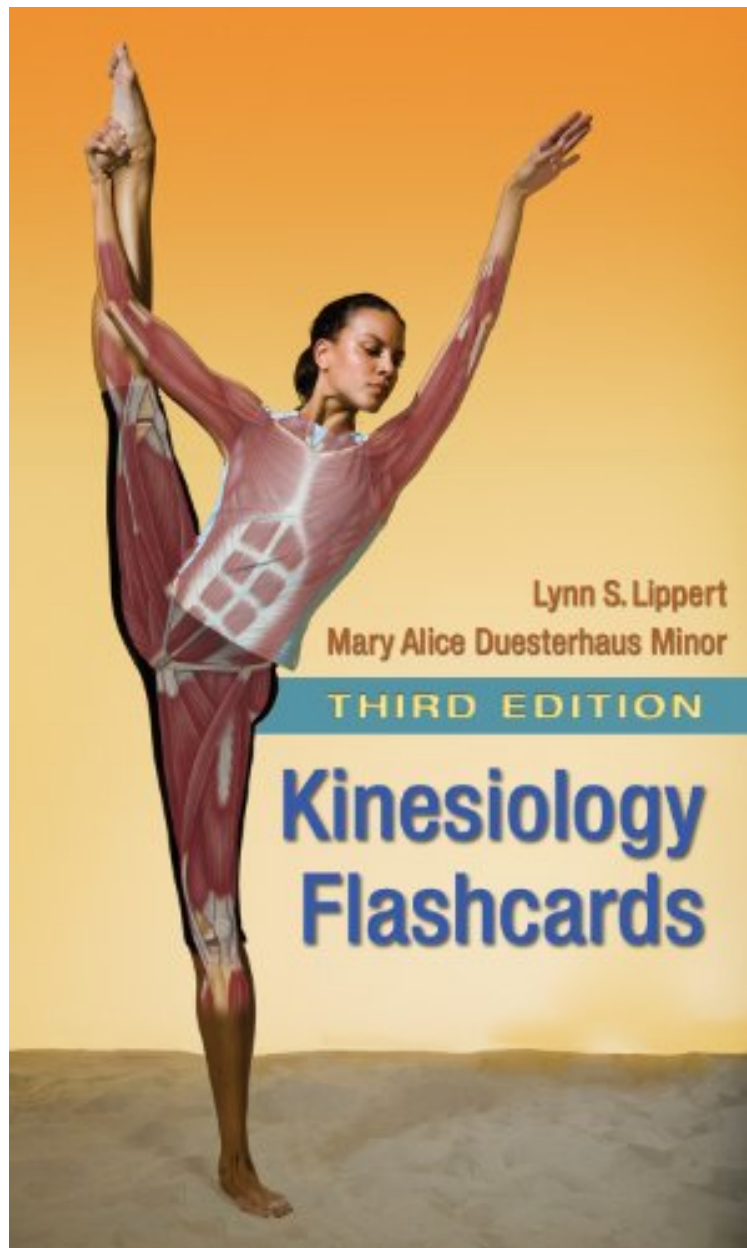


Kinesiology Flashcards

Lynn S. Lippert PT MS, Mary Alice Duesterhaus Minor PT MS
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#380024 in Books 2011-01-21 Original language: English PDF # 1 5.00 x 1.25 x 3.251, .60 Binding: Cards 208 pages Muscle Cards Origin and Insertion Innervation Anatomy | File size: 44.Mb

Lynn S. Lippert PT MS, Mary Alice Duesterhaus Minor PT MS : Kinesiology Flashcards before purchasing it in order to gauge whether or not it would be worth my time, and all praised Kinesiology Flashcards:

1 of 1 people found the following review helpful. Mostly great By RollerDerbyDude I found the pictures and

information very helpful and great to use for my kinesiology class. I wish there was not the name of the muscle on the side with the picture because it makes it hard to quiz yourself without covering it up with your hand. Also, they did not include the intrinsic muscles deep within the foot which was something we learned in class so I had to still make my own flashcards. Lastly they bunched some muscles together like the deep rotators of the hip and it would have been nice to learn them separately from the rest of the other muscles in the group. Overall they were very helpful and cut down the time it would have taken to make my own flashcards.

0 of 0 people found the following review helpful. Very helpful!

By Megington These are a must if you plan on memorizing all of the muscle origins, insertions, actions and innervations. I do wish that the names of each muscle were on the back of the card as opposed to being on the same side as the data. But this is still one of the best flash card products I've ever seen for memorizing and understanding muscles.

0 of 0 people found the following review helpful. Flash cards? Then make them double sided!

By L. Ebert While these flash cards contain the same information as the physical ones, whoever converted them to digital did a lousy job. All the information should be on two sides for each muscle. The name and picture on one, the origin, insertion, etc., on the other. Instead, each one has a third page with the name and copyright information on it, make it harder to use these as flash cards. I'm transferring the information to Quizlet to use them like traditional cards. FYI, the Quizlet app is my absolute favorite flash card app

These must have flash cards are the perfect accompaniment to any kinesiology text! 106 flash cards, now in full color, help you master muscle anatomy anytime, anywhere!

About the Author Program Director, Physical Therapist Assistant Program, Mount Hood Community College, Gresham, Oregon.