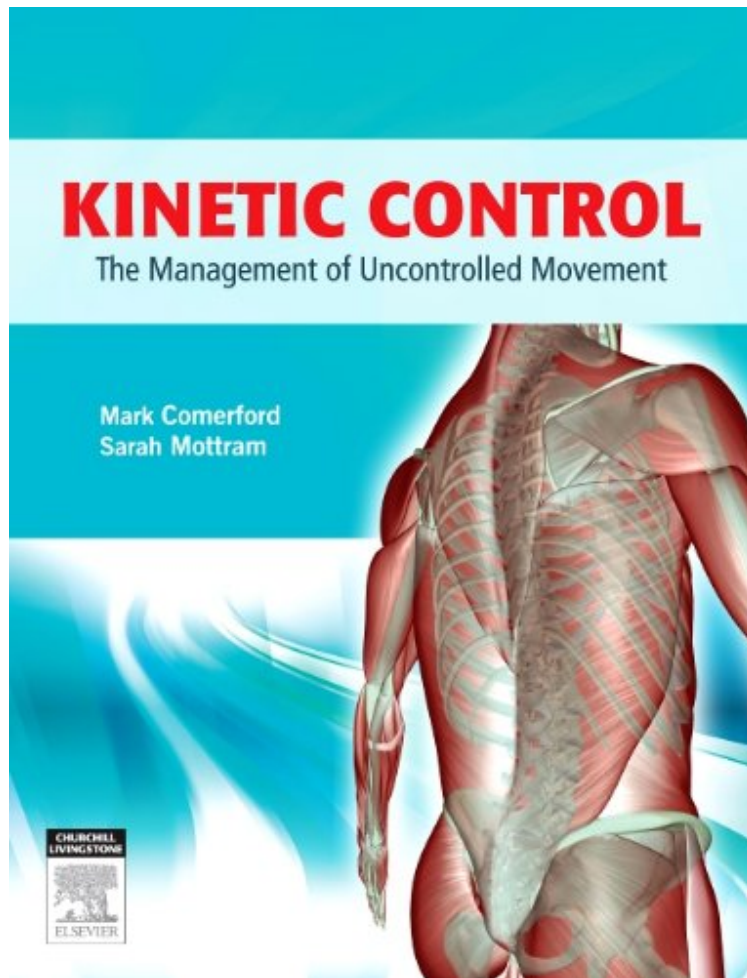



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# Kinetic Control: The Management of Uncontrolled Movement, 1e

Mark Comerford B.Phty MCSP MAPA, Sarah Mottram MSC MMACP  
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This text is designed as clinical reference to develop knowledge of the examination, diagnosis and classification of motor control dysfunction and the management of movement dysfunction. It will help the therapist: Identify the real clinical prioritiesAssess, diagnose and classify movement in terms of pain and dysfunction from a motor control and biomechanical perspective Have available a large range of motor control and movement retraining strategies to

establish optimal functional control Use a clinical reasoning framework to prioritise clinical decision making Develop an assessment framework that will provide a diagnosis of dysfunction, pain sensitive tissues and pain mechanisms Use a clinical assessment tool to identify deficiencies and reassess improvements in motor control efficiency Integrate non functional motor control back in functionally relevant movement. Provides detailed explanation of evidence and research underpinning motor control dysfunction and movement retraining Unique subclassification system of musculoskeletal disorders and pain Region specific testing -step by step instructions for assessment, diagnosis, classification and treatment using Movement Performance Solutions' unique system Highly illustrated with clear step by step instructions for treatment of Lumbar, Cervical and Thoracic Spine, Shoulder and Hip

ldquo;Mark Comerford and Sarah Mottram are the founders of the Kinetic Control approach which is based on the premise that lsquo;uncontrolled movementsrsquo; or lsquo;movement faultsrsquo; can predispose people to musculoskeletal pain and disability. Their research has been widely published in the musculoskeletal literature and this is their first book. The aim of the text is to provide a clinical approach to the assessment and correction of movement faults...Overall the authors achieve their aim by providing an extremely detailed text which is well thought out, assimilates other relevant research into an assessment and treatment approach with high face validity in the area of movement dysfunctionand management of musculoskeletal pain. The accessibility, sequential layout and logical development of complex concepts to a relatively advanced level provides enough for this book to be a valuable reference and clinical guide for students, experienced clinicians and teachers alike. Michelle Wong BPhy, MHPrac(Hons), MPNZ, Physiotherapist, New Zealand Journal of Physiotherapy 2012, 40 (3) p.143