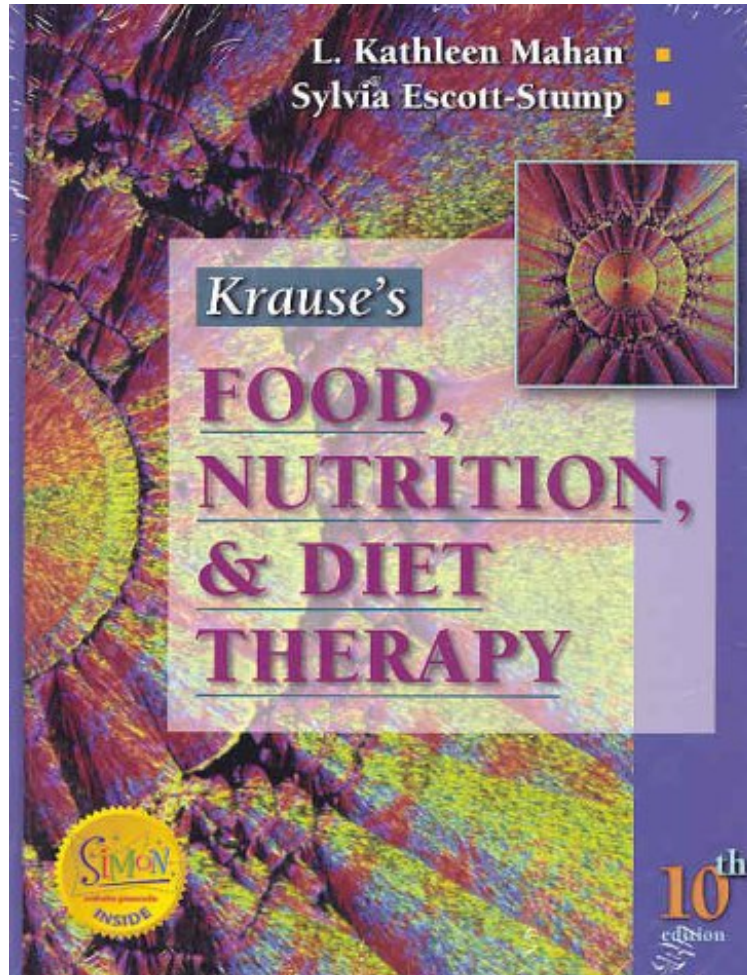


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Janice L Raymond MS RD CD, L. Kathleen Mahan MS RD CDE, Sylvia Escott-Stump MA RD LDN : Krause's Food, Nutrition and Diet Therapy, 10e before purchasing it in order to gage whether or not it would be worth my time, and all praised Krause's Food, Nutrition and Diet Therapy, 10e:

0 of 0 people found the following review helpful. Five StarsBy CustomerThe book came on time and i'm Slowly going through it.32 of 32 people found the following review helpful. Excellent!By A CustomerKrause's Food, Nutrition and Diet Therapy (eds; Mahan and Escott-Stump)10th ed is 1000% user friendly! Each chapter starts off with a glossary of terms in the ensuing pages which levels the learning field. Colorful charts on practical information are generously sprinkled in every chapter with clear illustrations on anatomy, energy reactions, and algorithms. You'll find lots of "ah ha" moments are you go through this book like I did. An example was the increased metabolic rate by adding spice to a meal! And the reference was also right there!Each author's excitement and passion for the topic covered comes through the pages loud and clear. Cleverly colored boxes of strategically placed information capture your eye and your

mind! Another example.. in Chapter 6 on Water and Electrolytes.. the percentage loss of body water and degree of disability associated with the same could not be made any more obvious.. and you just don't forget the message. This resource covers everything from herbal therapies and rationale to heart transplant and all points in between. Over 1150 pages to get the new Millennium off to a smart start! I already know this book will be among the most used in my professional library. It is highly recommended.- Miriam Erick, MSRD, CDE, ACOG educational affiliate author: No More Morning Sickness (New American Library/Plume), Boston, MA. 4 of 4 people found the following review helpful. I use this book extensively. By M. B. Burdick This book is the required text of my dietetics coursework time and time again and thus I use it extensively. At first I resented the very large and heavy book, but more and more I find myself turning to it for answers, even for things that aren't school-related. My university has a book rental program. Previously I'd only rented the book, but now, as I sit in between semesters, I find myself missing it terribly. The moment the bookstore opens I will be buying this book for keeps. I give it four stars because it's cumbersome and dry, although on the positive side you can point out it's cumbersome and dry because it's such an exhaustive and scientific coverage of the subject.

This new edition of the premier clinical nutrition text provides the theoretical knowledge and clinical information readers need to understand basic nutrition, assess clients of varying ages and illnesses, plan dietary support that meets their unique needs, and promote good health and fitness. Contributions from nationally recognized nutrition authorities ensure that the information is comprehensive and state of the art. Provides separate chapters on special topics including low-birth-weight infants, dental health, hypertension, food allergies and intolerance, anemia, neurologic disorders, HIV disease, rheumatic diseases and other vital topics. Offers New Directions boxes, Focus On boxes and Clinical Insight boxes that provide interesting information and suggest areas for further discussion, study, or research. Presents case studies with thought provoking questions. More than 50 appendices filled with valuable clinical data. Features a new, completely original, full-colour art programme. Provides readers with the latest research, guidelines, and diet therapy trends as well as important advances. Expanded pathophysiology content and 30 pathophysiology algorithms. Organises material according to the needs of the reader - carbohydrates, proteins and fats are combined into one chapter (Macronutrients), while weight management and eating disorders are divided into separate chapters to allow for more in-depth content.

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