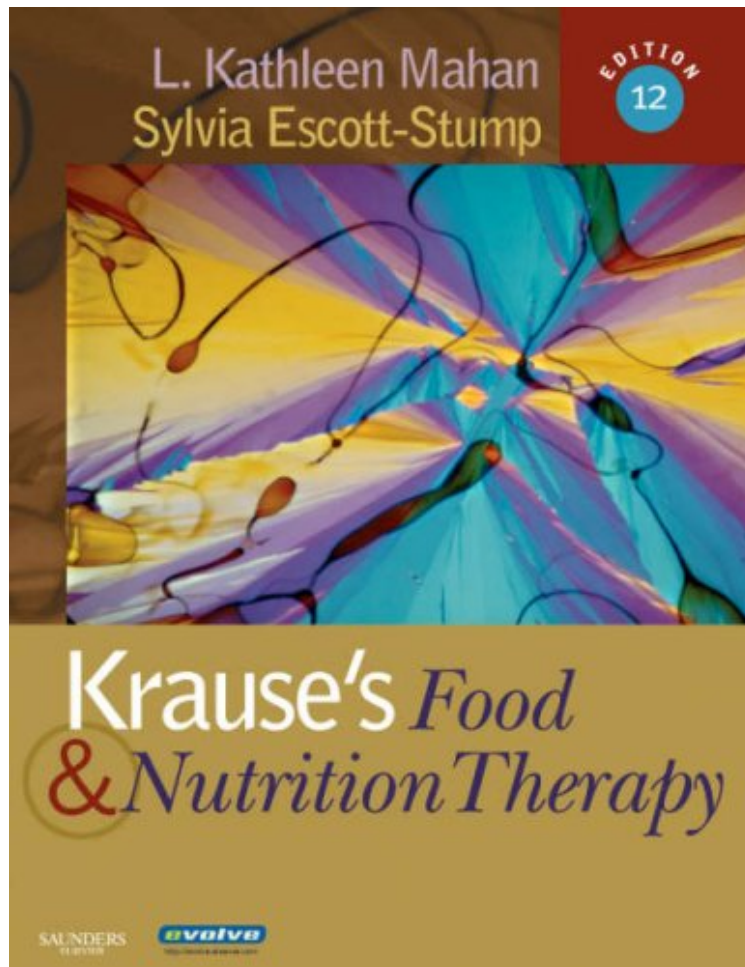


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## Krause's Food Nutrition Therapy

Janice L Raymond MS RD CD, L. Kathleen Mahan MS RD CDE, Sylvia Escott-Stump MA RD LDN  
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**Janice L Raymond MS RD CD, L. Kathleen Mahan MS RD CDE, Sylvia Escott-Stump MA RD LDN : Krause's Food Nutrition Therapy** before purchasing it in order to gauge whether or not it would be worth my time, and all praised Krause's Food Nutrition Therapy:

2 of 2 people found the following review helpful. Not a good textbook  
By Frank Joyal I am a human nutrition major at Ohio State University and I have taken plenty of nutrition courses-obviously; however, I have had way better textbooks. This is a very dull text. The setup is awful. For the most part, since I majored in science I tend to keep my science textbooks, even though they might be outdated in the future I like to reflect on them from time to time. But this textbook is bad, bad, bad. I tried to open it and give it a try. After the first few weeks of using it, I could not stand it. I was just too boring; not to mention there are numerous errors, which can hurt you, depending on the class and the material you need. Overall, I say if you are a nutrition or science major, there are plenty of better books out. Not worth

it. I only gave it a two star because it is still my major and I feel that although the book is set up badly, the author had to try-at one point. Good luck.0 of 0 people found the following review helpful. Very comprehensive and nicely written. I used it for studying a bachelor ...By CustomerVery comprehensive and nicely written. I used it for studying a bachelor in naturopathy and it is great for a quick reference as it has an overview summary to each chapter and nutrition tables in the back.0 of 0 people found the following review helpful. Great!By Patricia ReeseVery good book! Gives very detailed information for dealing with patients that require special diets due to their medical status. It shows you how to use food as a direct part of their treatment.

In print for more than 50 years, **KRAUSE'S FOOD NUTRITION THERAPY** has been recognized internationally as the most authoritative text on nutrition. This new edition continues its tradition of providing the most comprehensive and up-to-date content available today. New chapters on medical nutrition therapy for psychiatric disease and developmental disorders spotlight the advances made in these areas. Extensive appendices, tables, illustrations, figures, and clinical insight boxes give practical hands-on procedures and clinical tools with the most current information, including brand-new guidelines on food intake and physical activity, and highlight the inclusion of the new food guide pyramid, MyPyramid, to use in everyday practice. Edited by two leading experts in nutrition, L. Kathleen Mahan and Sylvia Escott-Stump, and written by nationally recognized contributors to ensure that all information is comprehensive and current. Hundreds of full-color illustrations bring nutrition therapy to life and provide a realistic representation of clinical practice. **UNIQUE!** Pathophysiology algorithms present the cause, pathophysiology, and the medical nutrition management for a variety of disorders and conditions, helping you better understand the illness process and provide optimum nutritional care. **Clinical Insight, New Directions, and Focus On...** boxes provide additional information and suggest further discussion, study, or research. **Clinical Scenarios** offer case studies that help you apply what you've learned to real-world situations. **Relevant websites** direct you to online resources for further information on specific chapter topics. **Key Terms** are defined at the beginning of each chapter and highlighted within the text to help you focus your study and test your mastery of the information. **Evolve Student Resource** contains **WebLinks** and more than 1,000 self-assessment study questions that provide instant feedback. "Medical Nutrition Therapy for Psychiatric Conditions" chapter explores recent research into the links between nutrition and mental disorders such as Alzheimer's disease, anxiety disorder, bipolar disorder, dementia, depression, and schizophrenia. "Medical Nutrition Therapy for Developmental Disabilities" chapter looks at the unique nutritional needs of individuals with ADHD, Downs syndrome, cerebral palsy, and muscular dystrophy and the role medical nutrition therapy plays in providing effective care. Information on energy, macronutrients, vitamins, and minerals is now summarized in easy-to-read, "need-to-know" tables and bulleted lists, providing a quick review of basic nutrition. Updated information on the Dietary Guidelines for Americans 2005 and MyPyramid presents information on the newest recommendations for nutrients and physical activity throughout the text, while integrating the customizable MyPyramid into plans of care. Sample "Nutrition Diagnosis" boxes in each chapter present a problem, its etiology, and its signs and symptoms before concluding with a sample nutrition diagnosis, providing you with real-life scenarios you may encounter in practice. **Nutritional Facts** in the appendices put the content of the chapter into a practical and convenient format that students and dietetics professionals can use in their education of the client on necessary nutritional care. Updated content is provided on the new Dietary Reference Intakes, the 2000 Dietary Guidelines and Healthy People 2010. New information is included on type 2 diabetes and prediabetes. The newest guidelines released by the National Institute of Health to assist with implementing the DASH diet for effective management of hypertension. The latest information is presented on dietary supplementation and integrative care, with cutting-edge evidence of how the nursing care process is changing to provide better care.

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