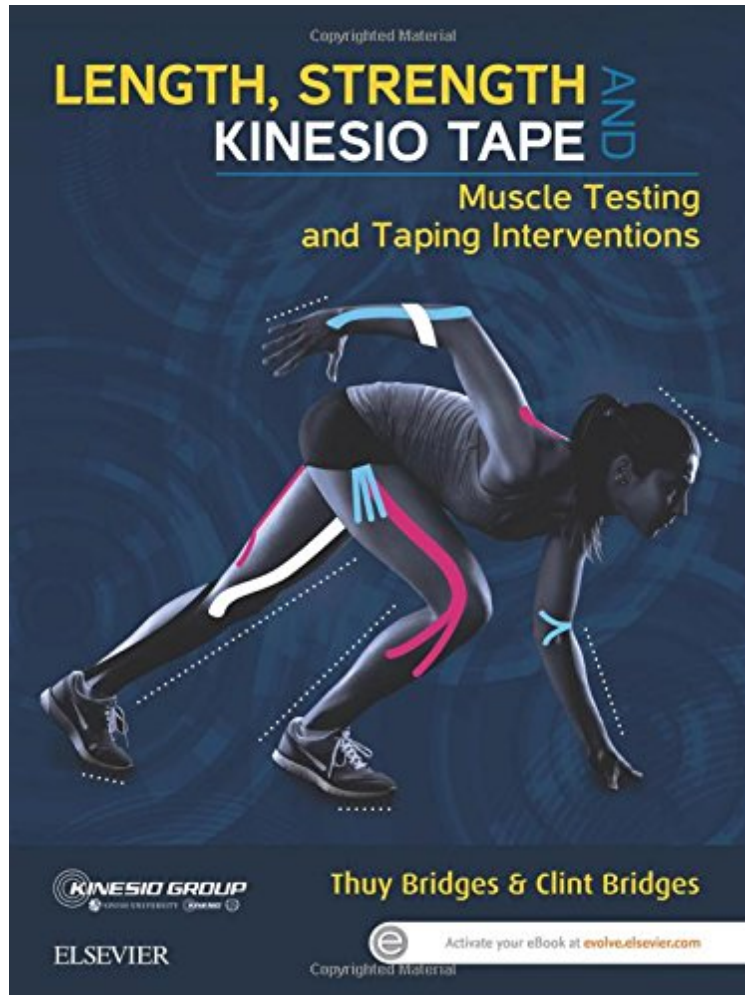


Length, Strength and Kinesio Tape: Muscle Testing and Taping Interventions, 1e

*Thuy Bridges BAppSc(Phty), Clint Bridges
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Length, Strength and Kinesio Tape: Muscle Testing and Taping Interventions is an essential manual for musculoskeletal therapists seeking to develop competency in the treatment of select clinical conditions using the concepts and principles of the Kinesio Tapingreg; Method. Focusing on the identification and role of muscle structures, the manual presents length and strength tests covering 68 muscle groups and provides practitioners with a framework to use and reassess the application of Kinesioreg; Tape. Endorsed by Kinesio Taping Association International, Length, Strength and Kinesio Tape: Muscle Testing and Taping Interventions is designed as a companion to Kinesio Tapingreg; courses globally (KT1 and KT2). COMPANION KINESIO TAPINGreg; SUPPLEMENT A suite of 68 videos covering 8 major body areas with step-by-step instructions and clear demonstrations of the assessment and taping strategies for each technique. Overview of the Kinesioreg; method and how Kinesio Tapingreg; worksHighlights the anatomy of the muscle and structures prior to tapingStep-by-step instructions to a range of Kinesio Tapingreg; techniques, covering the neck, shoulder, elbow, wrist and thumb, trunk, pelvic girdle and hip, knee and ankleInitial assessment using length and strength/function testing and application of appropriate Kinesio Tapingreg; interventionAssessment sheets provided for each key anatomical area