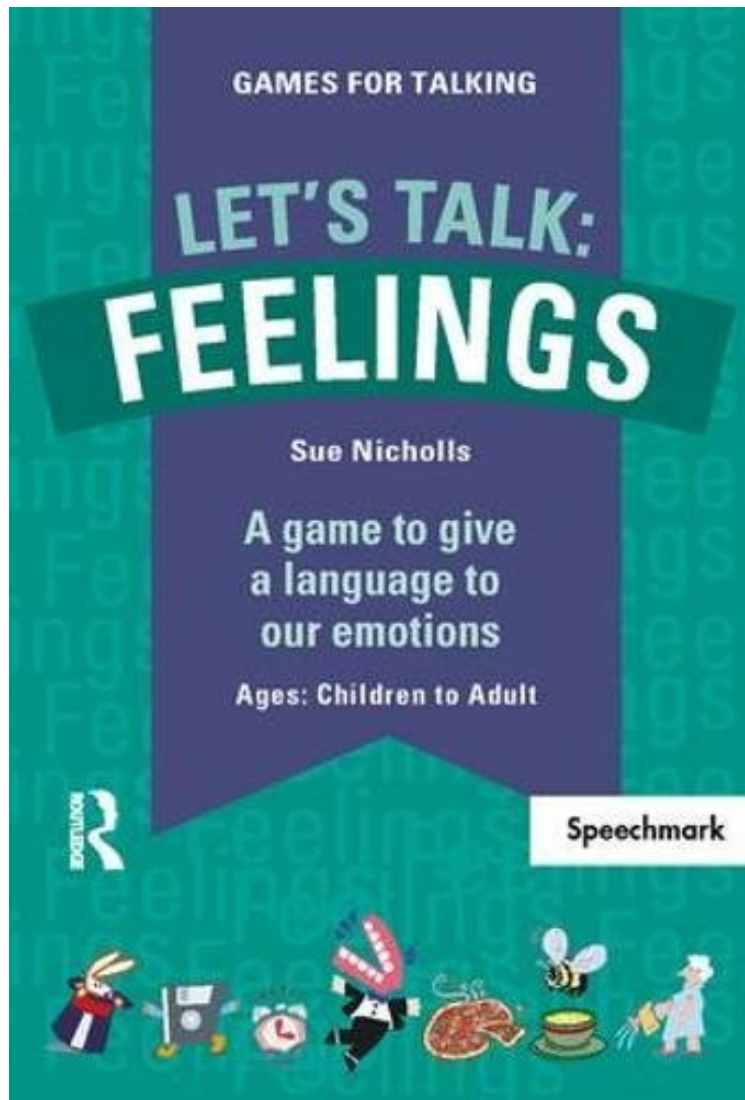


(Free and download) Let's Talk: Feelings (Games for Talking)

Let's Talk: Feelings (Games for Talking)

Nicholls Sue

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#1189527 in Books 1998-06-01 Original language: English 4.53 x 1.18 x 2.951, Binding: Cards 78 pages | File size: 15.Mb

Nicholls Sue : Let's Talk: Feelings (Games for Talking) before purchasing it in order to gauge whether or not it would be worth my time, and all praised Let's Talk: Feelings (Games for Talking):

This book presents a card game to enable people to become more aware of their feelings. For adults and children; With individuals or in small groups, home, school (eg circle time, learning support), therapy; Adaptable: 5 min ice breaker to 6 separate workshop sessions; and it can be played with a dice Covers a range of feelings, for example angry, jealous, calm, disappointed, overwhelmed, proud, frustrated. The cards are in 6 sections: 1. Give an example of when

you felt? 2. Situation cards. How would you feel if.? 3. You are feeling...How would you show it? 4. Dealing with different emotions. 5. Helping friends to deal with different feelings. 6. Other people's feelings.

About the Author Sue Nicholls' particular interest is in the personal development of children and young people. As a youth worker she was involved in the setting up and running of a nationally acclaimed youth-led peer befriending charity. Sue now works as an accredited childminder and is a National Childminding Association Tutor. She has been exploring creative ways of helping children develop their emotional literacy.