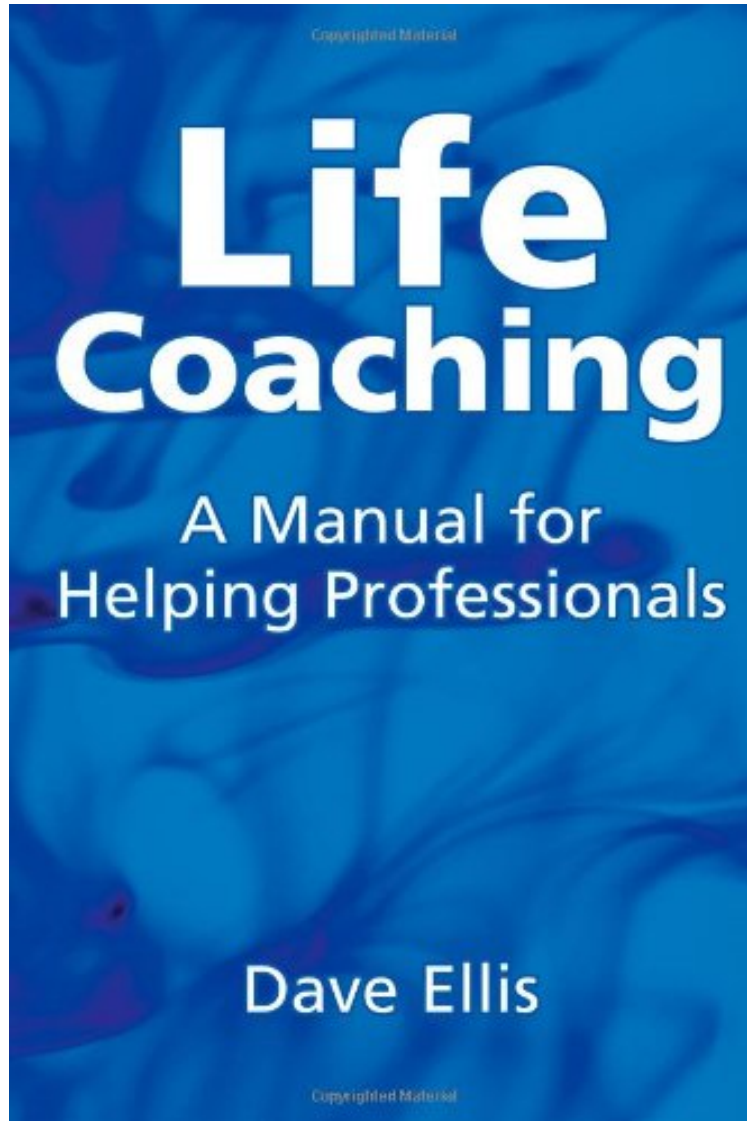


Life Coaching: A Manual for Helping Professionals

David Ellis

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This manual is specifically designed for therapists, counselors, and other helping professionals who are looking to add life coaching techniques to their portfolio of skills. Dave Ellos has produced a step-by-step practical guide to turning your natural people-helping skills into a profitable life coaching business. Life coaching is not therapy, but many of the qualities that therapists possess and the techniques they use naturally lend themselves to a life coaching approach.

The contents of this book will be a valuable resource for professionals giving positive guidance to those seeking professional help. --Ursula Markham, Founder, The Hypnothink Foundation
About the Author
Over the last 25 years, Dave Ellis has helped over 4 million people create a more meaningful life through his workshops, books and life coaching. He is the author of seven books, including "Becoming a Master Student," which is the best-selling college textbook in America. His previous book, "Falling Awake" is written for the clients of life coaches.