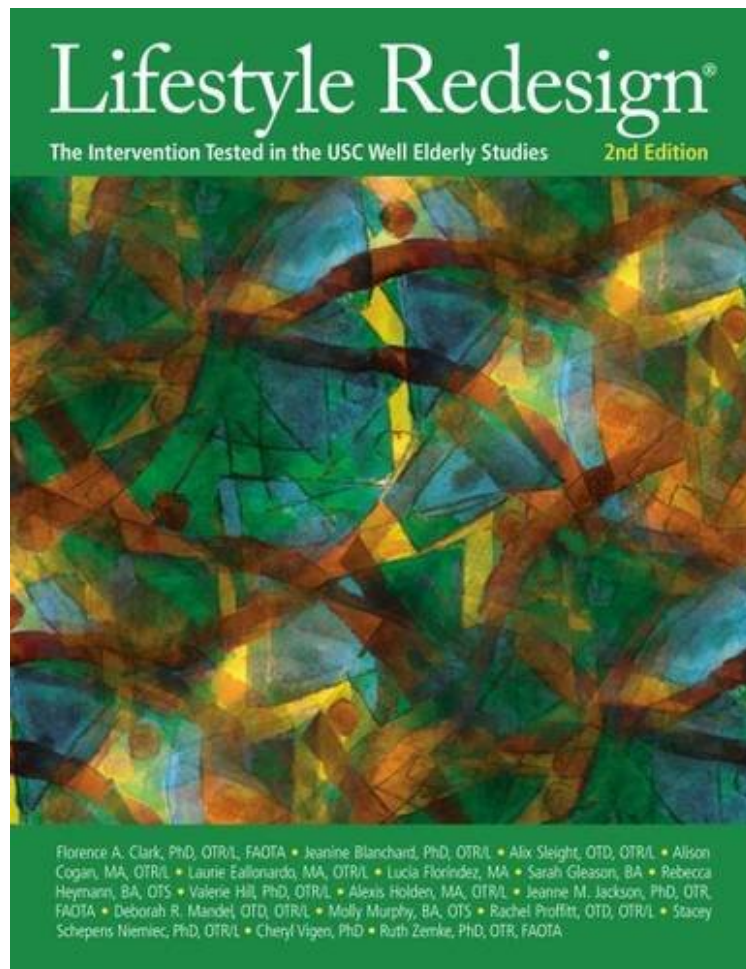


Lifestyle Redesign: The Intervention Tested in the USC Well Elderly Studies

Florence A. Clark

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Reorganized, expanded, and updated, this new edition of the award-winning
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gives practical guidance in this preventative occupational therapy program for independent-living older adults. The work integrates the concept of the USC's landmark Well Elderly Studies, which determined that preventive occupational

therapy greatly enhances the health and quality of life of independent-living older adults.