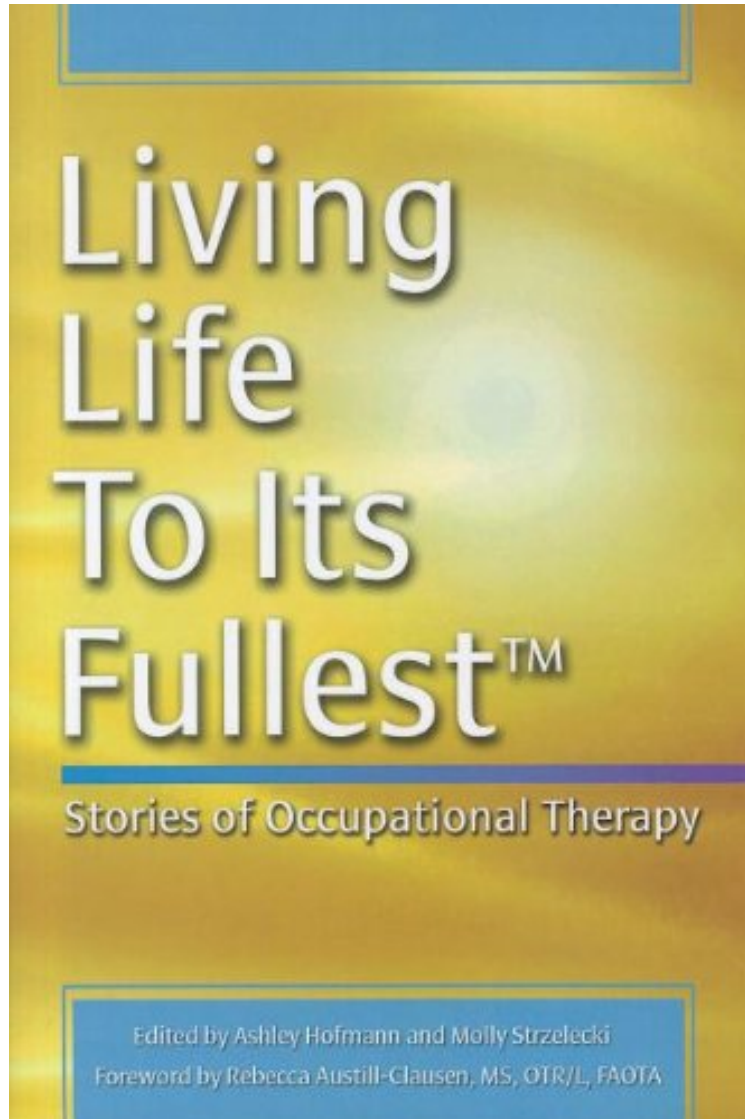


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## Living Life To Its Fullest: Stories of Occupational Therapy

*Edited by, Ashley Hofmann, Molly Strzelecki*  
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**Edited by, Ashley Hofmann, Molly Strzelecki : Living Life To Its Fullest: Stories of Occupational Therapy** before purchasing it in order to gage whether or not it would be worth my time, and all praised Living Life To Its Fullest: Stories of Occupational Therapy:

Occupational therapy enables people of all ages to live life to its fullest by helping them promote health; make lifestyle or environmental changes; and prevent - or live better with -injury, illness, or disability. By looking at the whole

picture - a client's psychological, physical, emotional, and social make-up - occupational therapy assists people to achieve their goals, function at the highest possible level, maintain or rebuild their independence, and participate in the everyday activities of life. *Living Life To Its Fullest™: Stories of Occupational Therapy* is a collection of narratives by occupational therapy and other health care professionals, clients, and their families that individually and together articulate what occupational therapy is, how it contributes to helping individuals fully live their lives in ways that are meaningful, and how occupational therapy has helped practitioners develop and define their own lives and practices. Authors have personalized recollections of professional passion, love, advocacy, community integration, spirituality, roles, occupations, and purposeful and meaningful activities in a way that will invigorate and inspire readers.