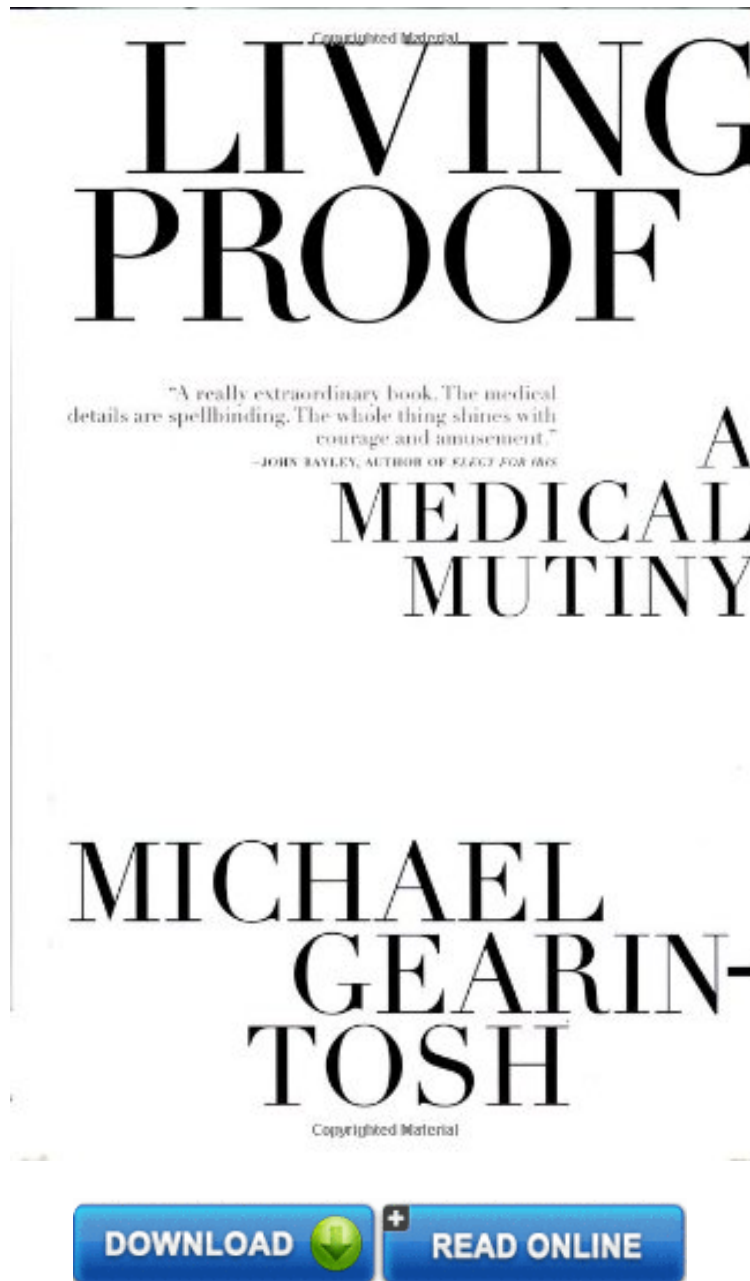


(Free) Living Proof

Living Proof

Michael Gearin-Tosh

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Michael Gearin-Tosh : Living Proof before purchasing it in order to gage whether or not it would be worth my time, and all praised Living Proof:

5 of 5 people found the following review helpful. Didn't like author's style, but eventual message is importantBy Ruby Roseand that message is, Don't do chemotherapy! This author consulted numerous doctors and researchers and was able to find an alternative treatment regime that enabled him to live beyond the dire predictions given to him by oncologists. If you are reading this book to seek alternatives to cancer treatment, please also include Kris Carr's, "Crazy sexy cancer" - available on both DVD and book. I only watched her movie, but the most important info I got

was from the supplemental or deleted scenes - this is where you get the recipes and more in depth consultations. After surviving my husband's 2 year battle with stage IV lung cancer - he was only 44 when diagnosed and his cancer was a direct result of the radiation he received 10 years earlier for Lymphoma treatment!) - one of the greatest lessons I learned was the role of diet and cancer fighting and immune fighting supplements. Oncologists as a rule know nothing about diet and supplements, and even have false information regarding the potential problems with supplements during chemotherapy. Chemo is a poison, and weakens your bodies ability to fight cancer, colds and life in general. This book is a great reminder that despite the god like role we give our doctors, especially when we're scared to death and are seeking their help - there are options that don't weaken the body, and that just may say your life! 0 of 0 people found the following review helpful. A must read for anyone with Cancer By Laura Lentz This book is a must read for anyone battling any disease, especially cancer. Read it with a highlighter pen. If you are given a prognosis of a few months to live, as the author was given, you must act swiftly to balance and correct your body. Hire medical interns to conduct research while you are incorporating what you have learned. Be open to deep Chinese breathing and herbs and supplements. Oncologists followed his case, everything he did is documented and in the back of the book. Unfortunately, he is no longer alive, but lived another twenty years after being given a few months to live and not being able to get out of bed. He died on an adventure from a virus he caught, so yes, we are all mortal, even Michael Gearing-Tosh but his legacy is in this book. 2 of 2 people found the following review helpful. Memoir of an Illness, by a High-level Communicator By Miles Odonno Gearin-Tosh carefully parsed every statement he got from the medics, and extracted ALL the truth hidden therein. We might expect as much from a literature don at St Catherine's College, Oxford; he was a high-level, professional communicator. Interesting to note, incidentally, that for some doctors, the strategy, actually stated, was to tell the patient as little as possible. So pitting Gearin-Tosh against them makes for an entertaining dialog, with life-and-death implications. This is a careful chronicle of an illness, with literary references liberally sprinkled throughout, part of the flavor of the don's world. Excellent example of a person taking responsibility for, and an active role in, his own healing.

Written six years after the author was given only months to live, Living Proof is a beautifully told, compelling examination of how one cancer patient battles the conventional health system and chooses the crazy way through-- alternative medicine.