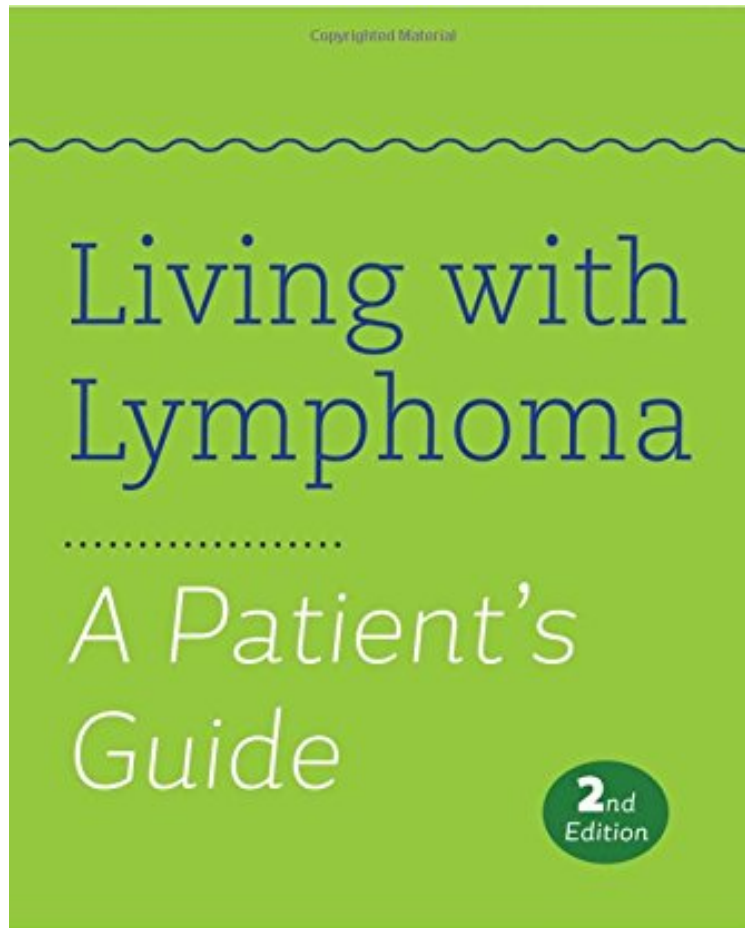


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Living with Lymphoma: A Patient's Guide (Johns Hopkins Press Health Books (Paperback))

Elizabeth M. Adler

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ELIZABETH M. ADLER, PhD

Foreword by **W. Jeffrey Baker, MD**

Introduction by **Michael R. Bishop, MD**

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Elizabeth M. Adler : Living with Lymphoma: A Patient's Guide (Johns Hopkins Press Health Books (Paperback)) before purchasing it in order to gage whether or not it would be worth my time, and all praised Living with Lymphoma: A Patient's Guide (Johns Hopkins Press Health Books (Paperback)):

When neurobiologist Elizabeth M. Adler was diagnosed with non-Hodgkin lymphoma almost twenty years ago, she learned everything she could about the disease, both to cope with the emotional stress of her diagnosis and to make the best possible decisions for her treatment. In *Living with Lymphoma*, she combines her scientific expertise and personal knowledge with a desire to help other people who have lymphoma manage this complex and often baffling disease. With the availability of more effective treatment regimens, many people with lymphoma are living longer; in fact, there are more than 700,000 lymphoma survivors in the United States alone. Given this change in the lymphoma landscape, the second edition of this book places a greater emphasis on survivorship. The new edition includes the latest information on lymphoma diagnosis, treatment, and incidence and describes the most recent update to the WHO system of lymphoma classification and staging. Adler discusses new targeted therapies like ibrutinib and idelalisib and describes how other treatments, including radiation therapy and stem cell transplants, have been modified while others have been discontinued. She also addresses new developments, such as the possible role of lack of sunlight and vitamin D in the pathogenesis of lymphoma, and the use of medical marijuana. The book includes suggestions for further reading, including the latest material available online.

"Highly recommended for any patient or family member seeking a clear health book with the latest facts." (Midwest Book) "A wonderful work. I can sincerely recommend it to patients, caregivers, and health professionals who will benefit from its intelligence and wisdom." (from the Foreword by W. Jeffrey Baker, MD) "A standalone text for lymphoma patients. Elizabeth has provided you with an invaluable resource." (from the Introduction by Michael R. Bishop, MD) "Elizabeth Adler offers a crash course on lymphoma that is remarkable for its clarity and compassion. As a physician-survivor, I've experienced how knowledge enables patients to help physicians personalize treatments and to optimize their own self-care between office visits. *Living with Lymphoma* empowers patients to open windows of opportunity to improve their outcome." (Wendy S. Harpham, MD, author of *Happiness in a Storm: Facing Illness and Embracing Life as a Healthy Survivor*) "Reading [*Living with Lymphoma*] is an enlightening experience and all nurses caring for lymphoma patients should ensure it is on their reading list." (Nursing Standard) "I strongly recommend this book for relatives and friends with a diagnosis of cancer." (Reference s) "The most complete explanation of what goes on... I highly recommend it for patients, loved ones, and anyone who would like to understand what is lymphoma." (Lymphoma Information Network) "The most comprehensive book I have seen on the subject, short of a medical text." (Oncolink) About the Author Following her diagnoses with lymphoma and breast cancer, Elizabeth M. Adler, PhD, shifted her focus from science research to science communication. The first edition of *Living with Lymphoma* won the American Medical Writers Association Medical Book Award.