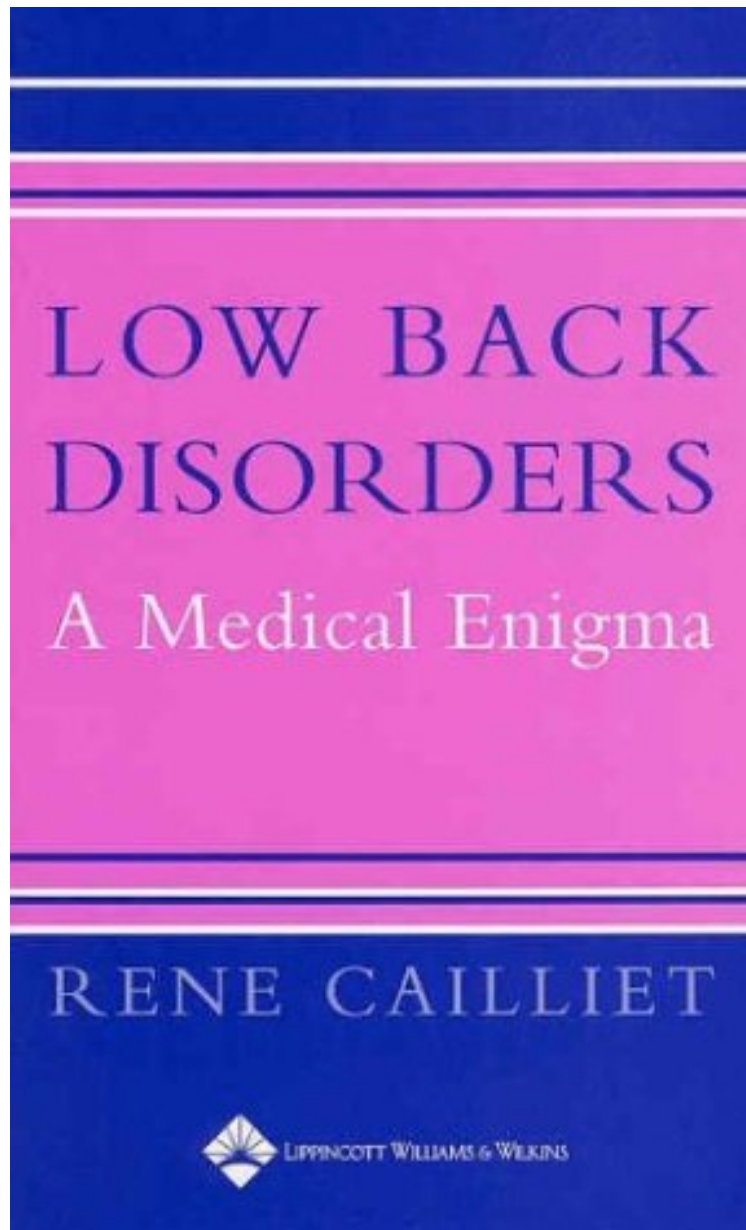


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## Low Back Disorders: A Medical Enigma

*Rene Cailliet MD*

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Written by an expert renowned for his lucid, well-illustrated explanations of complex pain syndromes, *Low Back Disorders: A Medical Enigma* provides a clear understanding of the mechanisms underlying functional impairment of the spine. Using 100 new original drawings, Dr. Cailliet demonstrates the functional anatomy and biomechanics of the spine and explains how impaired biomechanics cause symptoms. The book describes in detail the discogenic pathology that is the predominant factor in impairment and clarifies current concepts on the causes of spinal instability. Dr. Cailliet thoroughly reviews treatment options and their physiological basis and offers recommendations on nonsurgical treatment of low back symptoms.