

(Ebook free) Stepmonster: A New Look at Why Real Stepmothers Think, Feel, and Act the Way We Do

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Wednesday Martin

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Stepmonster

A New Look
at Why Real Stepmothers
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WEDNESDAY MARTIN, PH.D.

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9.00 x .98 x 6.00l, 1.05 #File Name: 0618758194336 pages An honest and groundbreaking guide to
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Wednesday Martin : Stepmonster: A New Look at Why Real Stepmothers Think, Feel, and Act the Way We Do
before purchasing it in order to gauge whether or not it would be worth my time, and all praised Stepmonster: A New
Look at Why Real Stepmothers Think, Feel, and Act the Way We Do:

4 of 4 people found the following review helpful. Lessons to be learned in this book By Neshopper This book was a

lifesaver! After being a terrible step-mother in my first marriage, I was terrified of making the same mistakes the second time around. This book says what everybody is too scared to say in this politically correct world gone mad that we live in. Your stepchildren probably won't like you at first and you shouldn't let it bother you. It's ok to not be interested in doing everything with them and your spouse. It's ok to have ground rules and boundaries that protect your sanity and your marriage first. I am much more successful this time not because I have changed, but because my attitudes and expectations have changes. This book is a big reason for that.0 of 0 people found the following review helpful. I needed this.By JessThis book saved my self-esteem, and probably saved my relationship. I was trying way too hard to connect with my adult future stepdaughter, and getting increasingly hurt by her passive aggressive behavior with me and weirdly possessive behavior with her father. After reading Stepmonster, I realize how normal and predictable her responses are, and I no longer take it personally. Dr. Martin sheds a lot of light on why the stepmother role is innately challenging, and dispels the myth of the blended family (ours currently feels more stapled, and that is apparently the case with most stepfamilies!). After adjusting my expectations and getting validation that no, I'm not evil, I feel much more equipped to handle this challenging role. Thank you, Dr. Martin!1 of 1 people found the following review helpful. I thought I was the only one.By AviderWell crafted book that will tug on your heart strings and make any step-mother feel like she is not alone in the world. Wednesday Martin makes you feel like you're talking with a friend, and truly makes you feel like you're not horrible for having all of the thoughts that have gone through your mind as a step-mother. Candidly sharing her experiences, and the experiences of other stepmothers that she interviewed, carefully interwoven with key psychological and sociological concepts, Martin weaves a heartwarming tale of what it truly means to marry a man with children. A must read!

An honest and groundbreaking guide to understanding the complicated emotions that develop between stepmothers and children. nbsp;When faced with often overwhelming challenges, what woman with stepchildren is unfamiliar with that ldquo;stepmonsterrrdquo; feeling? Half of all women in the United States will live with or marry a man with children. To guide women new to this rolemdash;and empower those who are struggling with itmdash;Wednesday Martin draws upon her own experience as a stepmother. She's frank about the harrowing process of becoming a stepmother, she considers the myths and realities of being married to a man with children, and she counteracts the cultural notion that stepmothers are solely responsible for the problems that often develop. Along the way, she interviews other stepmothers and stepchildren and offers up fascinating insights from literature, anthropology, psychology, and evolutionary biology that explain the little-understood realities of this unique parent-child relationship andmdash;in an unexpected twistmdash;shows why the myth of the Wicked Stepmother is the single best tool for understanding who real stepmothers are and how they feel.nbsp;

"Fascinating... Informative and carefully researched." -Salon.com"[Martin's] insights and advice are more clear and articulate than those offered in any other book on the subject that's currently available." -LA Examiner"For women who find themselves in a similar family dynamic, Martin's book should come as a welcome relief, and proof that they are not alone." -Bust