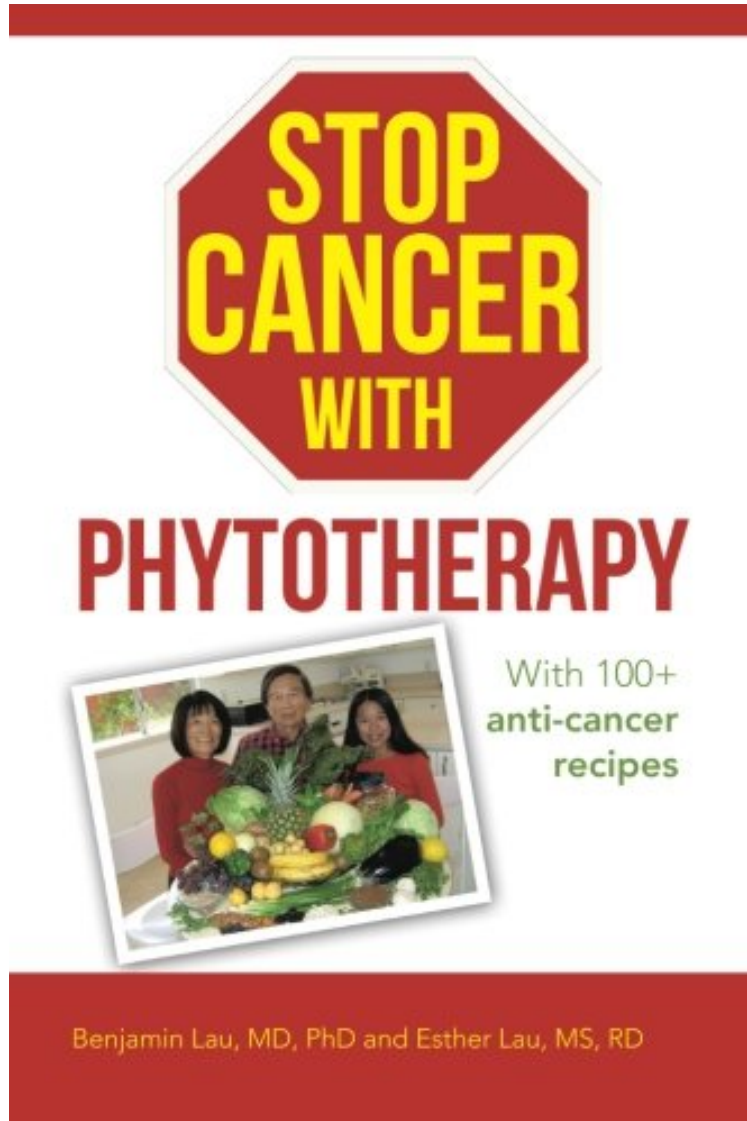


(Free) Stop Cancer with Phytotherapy: With 100+ anti-cancer recipes

Stop Cancer with Phytotherapy: With 100+ anti-cancer recipes

Benjamin Lau

**Download PDF / ePub / DOC / audiobook / ebooks*



 Download

 Read Online

#1715442 in Books Phd Benjamin Lau 2014-09-09 2014-09-09Original language:EnglishPDF # 1 9.00 x .91 x 6.00l, .0 #File Name: 149084810X362 pagesStop Cancer with Phytotherapy With 100 Anti Cancer Recipes | File size: 58.Mb

Benjamin Lau : Stop Cancer with Phytotherapy: With 100+ anti-cancer recipes before purchasing it in order to gage whether or not it would be worth my time, and all praised Stop Cancer with Phytotherapy: With 100+ anti-cancer recipes:

6 of 6 people found the following review helpful. Dr Lau appears to have a great understanding of the science and immunology involved with cancer ...By Gary R. BarkerI believe that their is emerging evidence that shows what we consume either is a risk or a benefit. This is certainly supported by this well written book. It describes in common

language why the food we eat has a benefit for a healthy immune system. It also indirectly explains why the standard american diet yields cancer and other diseases.. Dr Lau appears to have a great understanding of the science and immunology involved with cancer and tells of his years of research experience and the amazing things that he discovered in science. I found it very helpful to have specific dietary recommendations for a healthy diet with recipes for foods that promote a healthy immune system. I am very excited to know the information conveyed in this book!
0 of 0 people found the following review helpful. Five Stars
By Maureen Uwakwe
Great
2 of 2 people found the following review helpful. Five Stars
By Annya Bell
Excellent book.

STOP CANCER with PHYTOTHERAPY introduces a bolder look at cancer focusing on the curative power of the phytochemicals in plant-based whole foods. Cancer is predominately due to our lifestyle habits - the way we eat, and the way we live. This book will empower you to simply change what you eat, and how you live. STOP CANCER with PHYTOTHERAPY describes our simple three-step nutrition program and healthy lifestyle choices, plus over 100 recipes using ingredients packed with potent phytonutrients to prevent and reverse cancer. Our own research and that of other scientists reveal that phytonutrients in plant-based whole foods deliver enormous capabilities to selectively destroy cancer cells while nourishing the healthy cells. Phytotherapy can be your most effective medicine: Phytotherapy is immunotherapy, fortifying your immune function to destroy cancer. Phytotherapy is chemotherapy, selectively toxic to cancer cells, non-toxic to normal cells. Phytotherapy is surgery, without the use of a scalpel. Regardless of your treatment choices, a change in your diet and lifestyle is indispensable to stop cancer once and for all. STOP CANCER with PHYTOTHERAPY offers you hope; and provides you the know-how for living a cancer-free life.

About the Author
Benjamin Lau, MD, PhD is a clinician, research scientist, and medical school professor. He has conducted cancer research using plant chemicals and has published more than 200 scientific papers. Esther Lau, MS, RD is a registered dietitian with extensive experience helping people to stop cancer with proper diet.