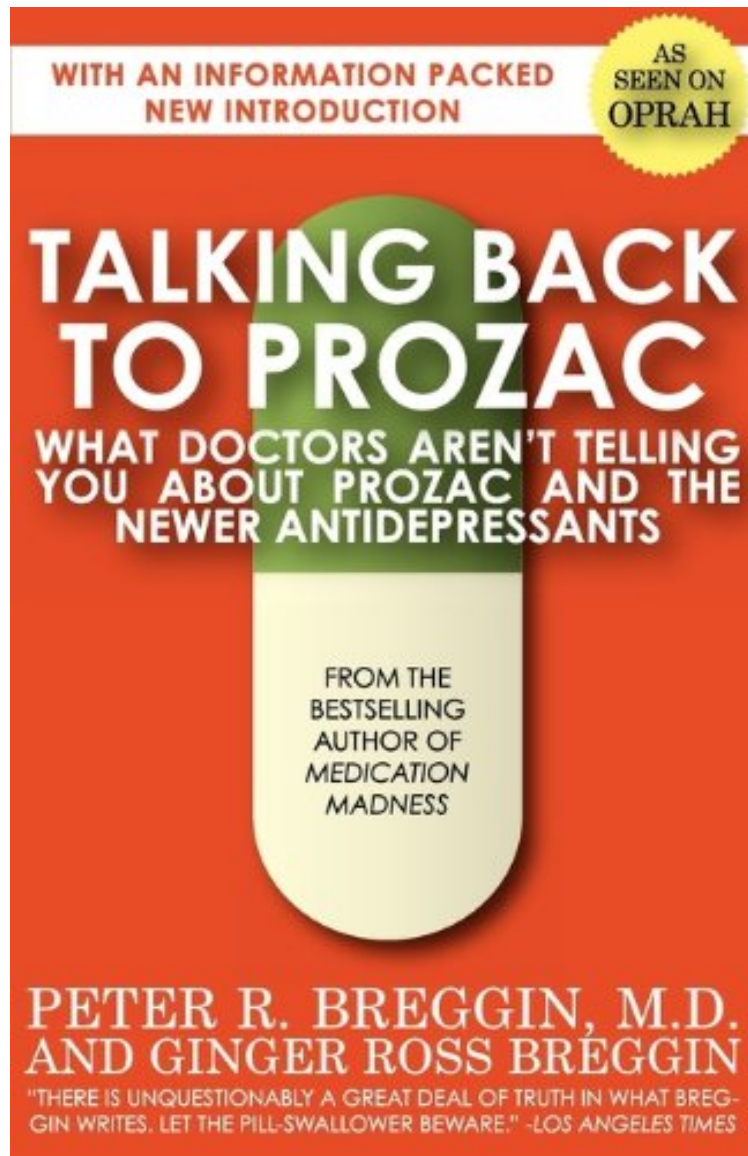


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## Talking Back to Prozac

*M. D. Peter R. Breggin, Ginger Ross Breggin*  
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**M. D. Peter R. Breggin, Ginger Ross Breggin : Talking Back to Prozac** before purchasing it in order to gage whether or not it would be worth my time, and all praised Talking Back to Prozac:

4 of 4 people found the following review helpful. Thorough as alwaysBy ArchDr Breggin always does an amazing job describing the problems associated with prozac and other similar drugs. I encourage those who are on antidepressants, know someone who is, or are considering going on them to read this book.5 of 20 people found the following review helpful. What the Breggins won't tell you about the Breggins...By Sal D'AgostinoFirst, I should say that this book put

me at odds with my own doctor, who had eventually, over nine years, bumped up my Prozac dosage to 80 mg. I eventually quit the drug because of the horrible acid reflux it gave me, making enjoyment of food virtually impossible, and the other evidence the Breggins offered. I'm off the drug nearly three months now, and my 20-year marriage has come apart, mostly in those last few months. My doctor tells me my temper flare-ups have become quicker than usual because I have lost the buffer that the Prozac provided, which allowed me enough headroom to at least process my thoughts and measure my responses. Without it, my emotions go off like a Claymore mine. Be careful when you take the advice of book doctors, very careful. One look at the Breggins' list of Talking Back To's (they find fault with virtually every drug on the market) shows they've come up with a very nice franchise for themselves, just as the doctors who write about fad diets have. After all, writing about how helpful a drug is or how important a balanced diet is simply doesn't sell. Good luck to the Breggins as authors, but I wouldn't want to be one of their patients.

Talking Back to Prozac: What Doctors Aren't Telling You about today's Most Controversial Drug With an Information Packed New Introduction Peter R. Breggin, M.D., Bestselling Author of Medication Madness and Ginger Ross Breggin. Prozac. Millions of Americans are on it. And just about everyone else is wondering if they should be on it, too. The claims of the pro-Prozac chorus are enticing: that it can cure everything from depression (the only disorder for which Prozac was originally approved) to fear of public speaking, PMS, obesity, shyness, migraine, and back pain-with few or no side effects. But is the reality quite different? At what price do we buy Prozac-induced euphoria and a shiny new personality? Psychiatrist Peter Breggin, M.D., and coauthor Ginger Ross Breggin answer these and other crucial questions in Talking Back to Prozac. They explain what Prozac is and how it works. And they take a hard look at the real story behind today's most controversial drug: the fact that Prozac was tested in trials of four to six weeks in length before receiving FDA approval, the difficulty Prozac's manufacturer had in proving its effectiveness during these tests, the information on side effects that the FDA failed to include in its final labeling requirements, how Prozac acts as a stimulant not unlike the addictive drugs cocaine and amphetamine, the dangers of possible Prozac addiction and abuse, the seriousness and frequency of Prozac's side effects, including agitation, insomnia, nausea, diarrhea, loss of libido, and difficulty reaching orgasm, the growing evidence that Prozac can cause violence and suicide, the social and workplace implications of using the drug not to cure depression but to change personality and enhance performance. Using dramatic case histories as well as scientific research and carefully documented evidence, the Breggins expose the potentially damaging effects of Prozac. They also describe the resounding success that has been achieved with more humane alternatives for the treatment of depression. Talking Back to Prozac provides essential information for anyone who takes Prozac or is considering taking it, and for those who prescribe it.