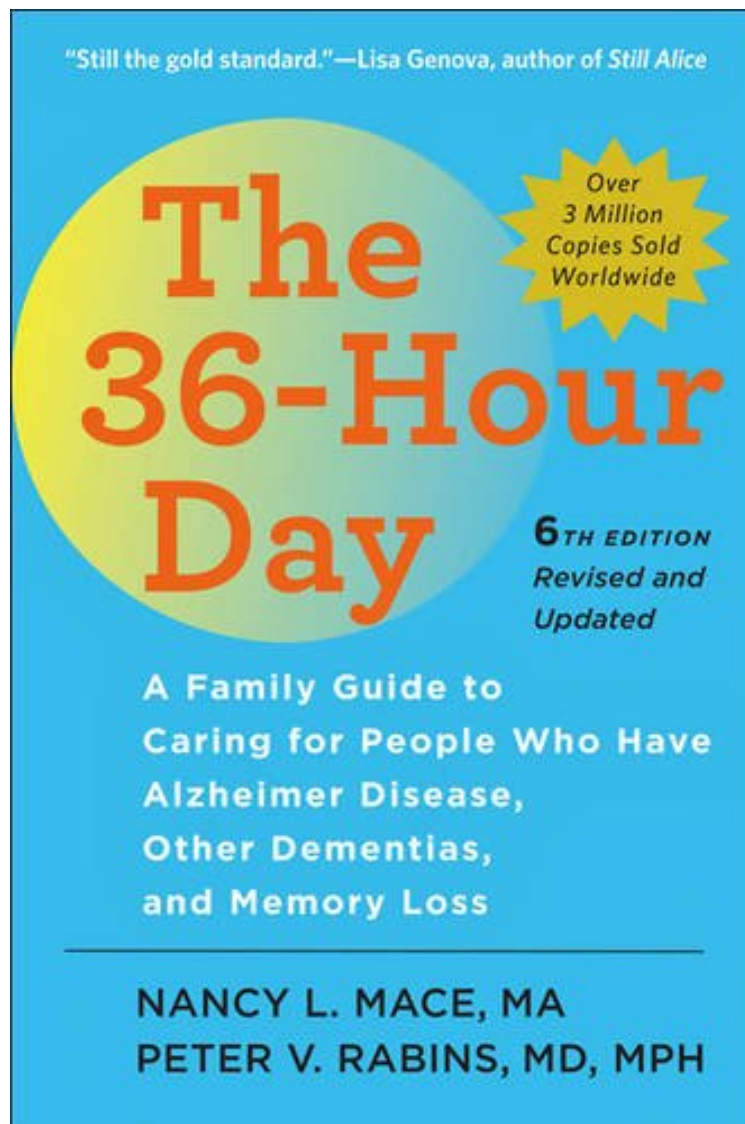


[E-BOOK] The 36-Hour Day, sixth edition: The 36-Hour Day: A Family Guide to Caring for People Who Have Alzheimer Disease, Other Dementias, and Memory Loss (A Johns Hopkins Press Health Book)

The 36-Hour Day, sixth edition: The 36-Hour Day: A Family Guide to Caring for People Who Have Alzheimer Disease, Other Dementias, and Memory Loss (A Johns Hopkins Press Health Book)

Nancy L. Mace, Peter V. Rabins

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Nancy L. Mace, Peter V. Rabins : The 36-Hour Day, sixth edition: The 36-Hour Day: A Family Guide to Caring for People Who Have Alzheimer Disease, Other Dementias, and Memory Loss (A Johns Hopkins Press Health Book)

before purchasing it in order to gauge whether or not it would be worth my time, and all praised *The 36-Hour Day*, sixth edition: *The 36-Hour Day: A Family Guide to Caring for People Who Have Alzheimer Disease, Other Dementias, and Memory Loss* (A Johns Hopkins Press Health Book):

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Through five editions, *The 36-Hour Day* has been an essential resource for families who love and care for people with Alzheimer disease. Whether a person has Alzheimer disease or another form of dementia, he or she will face a host of problems. *The 36-Hour Day* will help family members and caregivers address these challenges and simultaneously cope with their own emotions and needs. Featuring useful takeaway messages and informed by recent research into the causes of and the search for therapies to prevent or cure dementia, this edition includes new information on devices to make life simpler and safer for people who have dementia strategies for delaying behavioral and neuropsychiatric symptoms changes in Medicare and other health care insurance laws palliative care, hospice care, durable power of attorney, and guardianship dementia due to traumatic brain injury choosing a residential care facility support groups for caregivers, friends, and family members The central idea underlying the book that much can be done to improve the lives of people with dementia and of those caring for them remains the same. *The 36-Hour Day* is the definitive dementia care guide.

"We yearn for the day when there is no Alzheimers, no Alzheimer patients, and no Alzheimer caregivers. Until then, there is *The 36-Hour Day*." (Jeffrey Cummings, MD, ScD, Director, Cleveland Clinic Lou Ruvo Center for Brain Health) "Having lived the chapter and verse of *The 36-Hour Day* for twenty years, I know how this book empowers families with constructive and compassionate advice. This new edition offers definitive testament to the slow destructive force of Alzheimers disease and how it challenges families caring for loved ones with dementia. It is a must read by all those who serve our aging generation." (Meryl Comer, author of *Slow Dancing with a Stranger: Lost and Found in the Age of Alzheimers*) "Thorough and compassionate, offering accessible information and practical advice, *The 36-Hour Day* is a necessary resource for families living with dementia. Still the gold standard, this book is the trusted reference that families turn to first and over and over for guidance and support in caring for someone with Alzheimers disease." (Lisa Genova, author of *Still Alice*) "From its knowing title to its knows-everything contents, *The 36-Hour Day* gets what you're going through. This encyclopedia of dementia care misses no aspect of life affected, from tough behaviors to challenged relationships to medication decisions -- describing each with both the honesty and compassion we caregivers deeply need." (Paula Spencer Scott, author of *Surviving Alzheimer's: Practical Tips and Soul-Saving Wisdom for Caregivers*) "An excellent book for families who are caring for persons with dementia... A book that physicians can confidently recommend to the families of their patients." (Journal of the American Medical Association) About the Author Nancy L. Mace, MA, is retired. She was a consultant to and member of the board of directors of the Alzheimers Association and an assistant in psychiatry and coordinator of the T. Rowe and Eleanor Price Teaching Service of the Department of Psychiatry and Behavioral Sciences of the Johns Hopkins University School of Medicine. Peter V. Rabins, MD, MPH, is a professor of the practice in the Erickson School of Aging Management Services at the University of Maryland, Baltimore County. He was the founding director of the geriatric psychiatry program and the first holder of the Richman Family Professorship of Alzheimer Disease and Related Disorders in the Department of Psychiatry and Behavioral Sciences of the Johns Hopkins University School of Medicine.