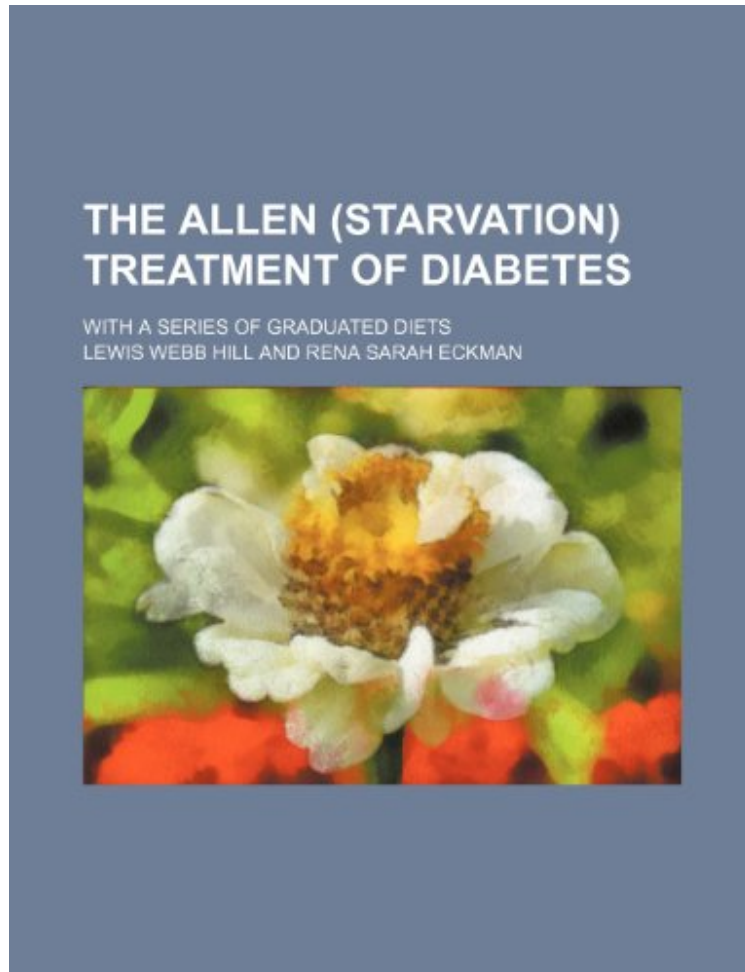


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The Allen (starvation) treatment of diabetes; with a series of graduated diets

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This historic book may have numerous typos and missing text. Purchasers can download a free scanned copy of the original book (without typos) from the publisher. Not indexed. Not illustrated. 1921 Excerpt: ...100 grams.. 1 med. serv. Cauliflower 120 grams.. 2 h. tbsp. Squash 50 grams.. 1 h. tbsp. Butter 5 grams.. 1 small sq. Cream 1 tbsp. Tea.

TABLE XXXIV Protein, 69 grams Fat, 90 grams Carbohydrate, 36 grams Calories, 1267 Breakfast. Apple 50 grams.. % small. Eggs 2 Egg white 1 Tomato 100 grams.. 2 h. tbsp. Butter. Cream. Coffee. Dinner. Lean roast beef 100 grams.. 1 med. serv. Brussels sprouts... 100 grams.. 2 h. tbsp. Lettuce 50 grams.. 5 medium Snow pudding made of: leaves. 1 egg white. 2 tablespoons orange 1 level teaspoon gelatine. juice. 1 tablespoon lemon juice. 5 tablespoons water. y2 grain saccharine. Butter. Cream. Tea. Supper. Eggs 2 Bacon 100 grams.. 4 slices, 6 in. long. Asparagus 100 grams.. 2 h. tbsp. Onions 100 grams.. 2 h. tbsp. Apple 50 grams.. y2 small. Butter. Cream. Tea. Allow during day: Butter 20 grams.. 2 small sqs. Cream 2 ounces.. 4 tbsp. TABLE XXXV Protein, 70 grams Fat, 117 grams Carbohydrate, 34 grams Calories, 1514 Breakfast. Orange 150 grams.. 1 med. sized. Bacon 100 grams.. 4 slices, 6 in. long. Eggs 2 Turnips 140 grams.. 2 h. tbsp. Cream 1 tbsp. Butter 5 grams.. % small sq. Coffee. Dinner. Steak 100 grams.. 1 sm. serv. Carrots 100 grams.. 2 h. tbsp. String beans 100 grams.. 2 h. tbsp. Butter 5 grams.. y2 small sq. Cream 1 tbsp. Tea. Supper. Eggs 2 Dried beef 25 grams.. % ounce. Cucumbers 100 grams.. 2 h. tbsp. Lettuce 50 grams.. 5 medium leaves. Orange 100 grams.. 1 small. Cream 1 tbsp. TABLE XXXVI Protein, 72 grams Fat, 139 grams Carbohydrate, 35 grams Calories, 1732 Breakfast. Apple 50 grams.. % small. Bacon 50 grams.. 2 slices, 6 in. Eggs 2 long. Asparagus 100 grams.. 2 h. tbsp. Cream 2 tbsp. Butter 5 grams.. % small sq. Coffee. Dinner. Lamb chop 100 grams.. 1 chop. Peas 100 grams.. 2 h. tbsp. Radishes 50 grams.. 5 radishes. ...