

The American Red Cross First Aid and Safety Handbook

American Red Cross, Kathleen A. Handal
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THE AMERICAN RED CROSS FIRST AID & SAFETY HANDBOOK



American Red Cross
and Kathleen A. Handal, M.D.

Foreword by Elizabeth Dole

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#32179 in Books Little Brown Co 1992-05-27 Original language: English PDF # 1 9.25 x .75 x 7.50l, 1.53
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American Red Cross, Kathleen A. Handal : The American Red Cross First Aid and Safety Handbook before purchasing it in order to gauge whether or not it would be worth my time, and all praised The American Red Cross First Aid and Safety Handbook:

0 of 0 people found the following review helpful. Five Stars By ashley eVery hefty book with lots of info 55 of 56 people found the following review helpful. Out of date By Von While the first aid portion of the book is very good, all of the CPR information is out of date and does not reflect the standards adopted in 2005. This includes the standards for adult, child, and infant CPR; child and infant rescue breathing, and unconscious choking for adult and child. 1 of 1 people found the following review helpful. Ok By nuts There's a lot of helpful information, but usually the answer to every situation was to call 911 and wait for EMS to arrive. Not very helpful if EMS cannot arrive timely.

The first moments after an injury occurs are the most critical. This authoritative guidebook, based on course materials used by Red Cross chapters across the United States, shows you how to handle every type of first aid emergency.

I remember my mother keeping an old Red Cross first aid manual in the house when I was a kid; I would consult it whenever my teddy bear needed a sling or bandage. My bear survived, but I'm not sure what happened to that book. Happily, I found this new Handbook. It still has instructions for making slings, as well as current information for dealing with all sorts of emergencies from cuts and burns to electrocutions and strokes. Be sure to keep it with your first aid kit for on-the-spot reference. -- From The WomanSource Catalog : Tools for Connecting the Community for Women; review by FGPEcerpt. Reprinted by permission. All rights reserved.

Animal and Human Bites: If you have an animal or a human bite, you generally need medical attention because of the likelihood of infection. * If the victim has been seriously wounded, call EMS. * If the victim was bitten by an animal, you will need to contact authorities so they can find out whether or not the animal was rabid.

1. Calm and reassure the victim. Put on latex gloves or wash your hands.
2. Check for bleeding. If the bite is not bleeding severely, wash it well (for at least 5 minutes) with mild soap and running water, then apply a bandage. If the bite is actively bleeding, control bleeding by applying direct pressure to the bite; by elevating the injured area; and, if necessary, by using pressure point bleeding control. Do not attempt to clean a wound that is actively bleeding.
3. Get medical help.