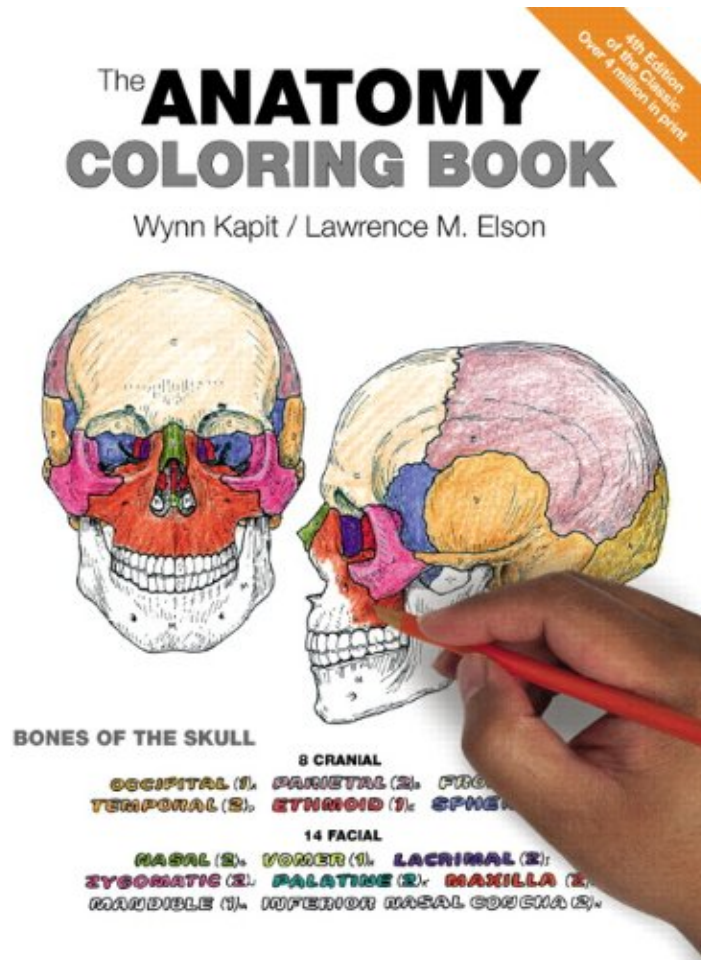


# The Anatomy Coloring Book

Wynn Kapit, Lawrence M. Elson  
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#364 in Books Kapit Wynn 2013-04-06Original language:EnglishPDF # 1 10.70 x 1.00 x 8.40l, 1.88 #File Name: 0321832019384 pagesThe Anatomy Coloring Book | File size: 56.Mb

**Wynn Kapit, Lawrence M. Elson : The Anatomy Coloring Book** before purchasing it in order to gage whether or not it would be worth my time, and all praised The Anatomy Coloring Book:

519 of 529 people found the following review helpful. Learning Hints, not previously stated by othersBy HeatherIMPORTANT: Make sure you READ ALL the information in the section labeled "INTRODUCTION TO COLORING" BEFORE you start coloring your first page. This is located on pages "xii" and "xiii" in the front of the 4th edition. This book is very well thought out and there really is a "method to the madness" if you actually read and follow the directions.I've found it beneficial to read through all the NAMES first, checking for parts that have similar names. Second, choose SIMILAR COLORS for SIMILAR NAMES or FUNCTIONS. For example, I chose Red, Orange and Yellow for the "Levators"; 2 colors of Blue for the "Zygomaticus Major" and "Zygomaticus Minor" and 2 shades of Brown for the "Depressors" (page 44). Then look over the basic diagram to get a feel for the order which they appear in the body. Assign the colors in order by location in the diagram. For instance, go from back to front as

follows: Red (back), Orange (middle) then Yellow (front). This natural color transition helps solidify the order they appear from posterior to anterior or superior to inferior (whatever the case may be) etc. NOTE: I realize this takes extra time planning your colors, but it really makes it easier to memorize when there is a consistent plan in place for what the colors visually symbolize. Finally, color in the Name First then repeat the names while coloring in that particular portion of the diagram. . I also underline the names on the left page the same as the diagram color - just makes it faster to locate if I want to look for something later...not necessary, but nice. I pre-ordered my book as I wanted the newest edition. I LOVE MY BOOK and ended up having to order a couple of extras as gifts for my "nurse" friends who wanted a fun way to refresh their memory too! 0 of 0 people found the following review helpful. Artwork rather than a learning aid By Mariam Gailani There's way too much going on in the pictures. A LOT of unnecessary detail lines that "muck up" trying to find certain small anatomical parts. Pictures are too small and list what the parts are...i already have a textbook and I don't need another. only large regions are able to be colored. This is more of an artwork of the author book, rather than a learning aid. Wouldn't buy again. 0 of 0 people found the following review helpful. Useless and confusing! By Jo This book was required for an AP class. I spend more time trying to figure out what to color versus actually studying. Everything is too small. Hard to read and hard to stay in the lines. It's only 10 percent of my grade, but I'm still going to complete as I don't want this to impact my grade. This not not a useful learning tool. Instructors, don't make this required to class. Not everyone learns this way!

Why use this coloring book? For more than 35 years, The Anatomy Coloring Book has been the #1 best-selling human anatomy coloring book! A useful tool for anyone with an interest in learning anatomical structures, this concisely written text features precise, extraordinary hand-drawn figures that were crafted especially for easy coloring and interactive study. Organized according to body systems, each of the 162 two-page spreads featured in this book includes an ingenious color-key system where anatomical terminology is linked to detailed illustrations of the structures of the body. When you color to learn with The Anatomy Coloring Book, you make visual associations with key terminology, and assimilate information while engaging in kinesthetic learning. Studying anatomy is made easy and fun! The Fourth Edition features user-friendly two-page spreads with enlarged art, clearer, more concise text descriptions, and new boldface headings that make this classic coloring book accessible to a wider range of learners.

From the Back Cover About the Author WYNN KAPIT Wynn Kapit, the designer and illustrator of this book, has had careers in law, graphic and advertising design, painting, and teaching. In 1955, he graduated from law school, with honors, from the University of Miami and was admitted to the Florida Bar. He practiced law both before and after military service. Four years later, he decided to pursue a childhood ambition and enrolled at what is now the Art Center College in Los Angeles, where he studied graphic design. Afterwards, he worked in the New York advertising world for six years as a designer and art director. He dropped out in the late 1960s, returned to California, and began painting. His numerous exhibitions included a one-man show at the California Palace of the Legion of Honor in 1968. He returned to school and received a masters degree in painting from the University of California at Berkeley in 1972. Kapit was teaching figure drawing in Adult Ed in San Francisco in 1975 when he decided he needed to learn more about bones and muscles. He enrolled in Dr. Elson's anatomy class at San Francisco City College. While he was a student, he created the word-and-illustration coloring format that seemed to be a remarkably effective way of learning the subject. He showed some layouts to Dr. Elson and indicated his intention to do a coloring book on bones and muscles for artists. Immediately recognizing the potential of this method, Dr. Elson encouraged Kapit to do a complete coloring book on anatomy and offered to collaborate on the project. The first edition of The Anatomy Coloring Book was published in 1977, and its immediate success inspired the development of a completely new field of publishing: educational coloring books. Kapit went on to create The Physiology Coloring Book with the assistance of two professors who were teaching at Berkeley: Dr. Robert I. Macey and Dr. Esmail Meisami. That book was published in 1987 and has gone through two editions. In the early 1990s, Kapit wrote and designed The Geography Coloring Book, now in its second edition. LAWRENCE M. ELSON Lawrence M. Elson, PhD, planned the content and organization, provided sketches, and wrote the text for the book. This is his seventh text, having authored Its Your Body and The Zoology Coloring Book and co-authored The Human Brain Coloring Book and The Microbiology Coloring Book. He received his BA in zoology and pre-med at the University of California at Berkeley and continued there to receive his PhD in human anatomy. Dr. Elson was assistant professor of anatomy at Baylor College of Medicine in Houston, participated in the development of the Physicians Assistant Program, lectured and taught dissection anatomy at the University of California School of Medicine in San Francisco, and taught general anatomy, from protozoans to humans, at City College of San Francisco. In his younger days, Dr. Elson trained to become a naval aviator and went on to fly dive-bombers off aircraft carriers in the Western Pacific. While attending college and graduate school, he remained in the Naval Air Reserve and flew antisubmarine patrol planes and helicopters. His last position in his 20-year Navy career was as commanding officer of a reserve antisubmarine helicopter squadron. Dr. Elson is a consultant to insurance companies and personal injury and medical malpractice attorneys on causation-of-injury/death issues, a practice that has taken him throughout the United States and Canada. He has testified in hundreds of personal injury

trials and arbitrations. His research interests are focused on the anatomic bases of myofascial pain arising from low velocity accidents.