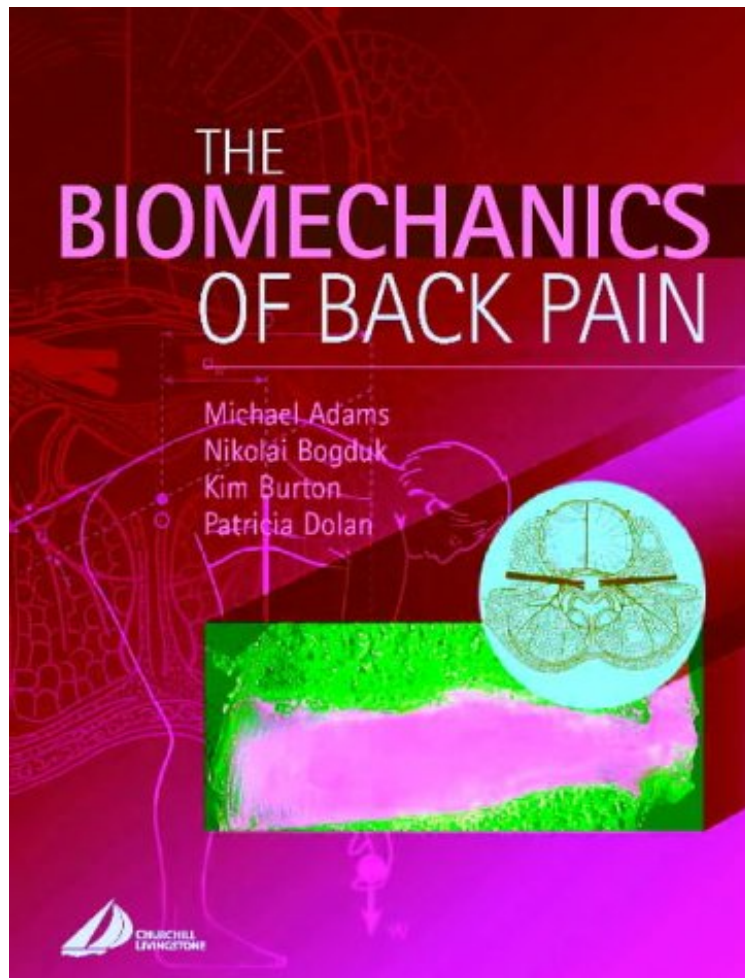


(Get free) The Biomechanics of Back Pain, 1e

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Michael A. Adams BSc PhD, Nikolai Bogduk BSc(Med) MB BS MD PhD DSc DipAnat DipPainMed FAFRM FAFMM FFPM(ANZCA), Kim Burton OBE DO PhD Hon FFOM, Patricia Dolan BSc PhD : The Biomechanics of Back Pain, 1e before purchasing it in order to gage whether or not it would be worth my time, and all praised The Biomechanics of Back Pain, 1e:

0 of 0 people found the following review helpful. Finally.By CustomerIf only this book had landed in my hands during chiropractic school. I have spent literally thousands of dollars on great tomes of edified texts and yet, here is a thin hardback which presents the physics, basic anatomy, deformed outcomes, and low and behold, actual cadaveric photos of such claims! We are all taught that one cannot recognize a pathology without first being able to recognize normal (most hoof beats are from horses, not zebras, etc.). Can you beat a book which lays out normal plain and simple and does not aggrandize one treatment over another, nor promote ideologies? It's difficult to write one much less find one,

yet here it is. If you work with the spine, own this book as quickly as you can get it, in addition to Cyriax, Greenman, Kaltenborn, Hammer, and Haldeman. Your chiropractic/orthopedic/physiotherapist library will not regret the addition and neither will your patients.

The Biomechanics of Back Pain is written primarily for health professionals who manage patients with back pain, and for students at the advanced undergraduate/graduate level. It also provides essential information for those involved in back pain prevention, in sports and fitness training, and in medico-legal practice. For biomechanists, it indicates how their science can be applied to answer a range of clinical questions. The authors are internationally renowned for their research into various aspects of back pain, and they integrate their expertise to present an authoritative account of the subject. Detailed analysis of the latest spinal research. Covers material previously available only in research journals. Emphasises the relevance of research to clinical practice and medico-legal issues. Integrates current knowledge to provide a cogent natural history of back pain. Illustrated with high quality colour photographs of spinal pathology, and numerous line diagrams to explain the anatomy and biomechanics. Written by four of the leading researchers in the field.

"This is a comprehensive, structured and well referenced textbook which has been written by established researchers in the speciality of spinal biomechanics. It would be appropriate reading predominantly for post graduate students studying physiotherapy, orthopaedics and ergonomics. It would also be of value for the final year undergraduate students in anatomy and physiotherapy." Sonia Philips, Senior Lecturer, Physiotherapy book has made me look again at my back-pain patients. This book is a reminder of the standards to which we should all aspire, and our patients expect. "Newsletter of the Irish Society of Orthopaedic Medicine found this book very difficult to put down once I had started it and I think it is an essential purchase for physiotherapy departments and for individuals who treat people with back pain." Sue Mickleburgh MCSP interest to any practitioner seeking an authoritative, contemporary presentation of the mechanics of back pain. Highly recommended." Robert Moran, BsSc, MHSc (Osteo) forte is its comprehensive, evidence based and clinically orientated analysis of the interactions between functional anatomy, functional loading and spinal pathology. The book provides a comprehensive analysis of the biomechanical, and a broad perspective on all other contributing factors. It would be a valuable and concise reference to all dealing with back pain on a day-to-day basis." Howard M. Turner, Physical Therapy in Sport book focuses, very strongly, on the biomechanics of the lumbar spine, and draws very heavily on in-vitro work on isolated lumbar motion segments subjected to forces of different kinds in the laboratory. This is an excellent book that should have a long shelf life and should be read by all ergonomists working in the areas of back pain or occupational biomechanics." Robert Bridger, Ergonomics, February 2004 About the Author Mike Adams is a senior researcher in the field of back pain. He has published extensively in the journal literature and speaks and many international conferences to different groups both medical and allied health. Nik Bogduk has a very high international reputation through his research and publications. He is the author of the very successful CL book on Clinical Anatomy of the Lumbar Spin and Sacrum, now in its 3rd Edition. He is advisor to the Australian Government on back pain issues. Kim Burton is an osteopath who is actively involved in back pain research and has been involved as co-author and contributor to many publications. He works closely with Gordon Waddell and is a contributor to Thre Back Pain Revolution. He is the editor of the journal Clinical Biomechanics. Patricia (Trish) Nolan is a senior researcher in the field of back pain and collaborates closely with Mike Adams.