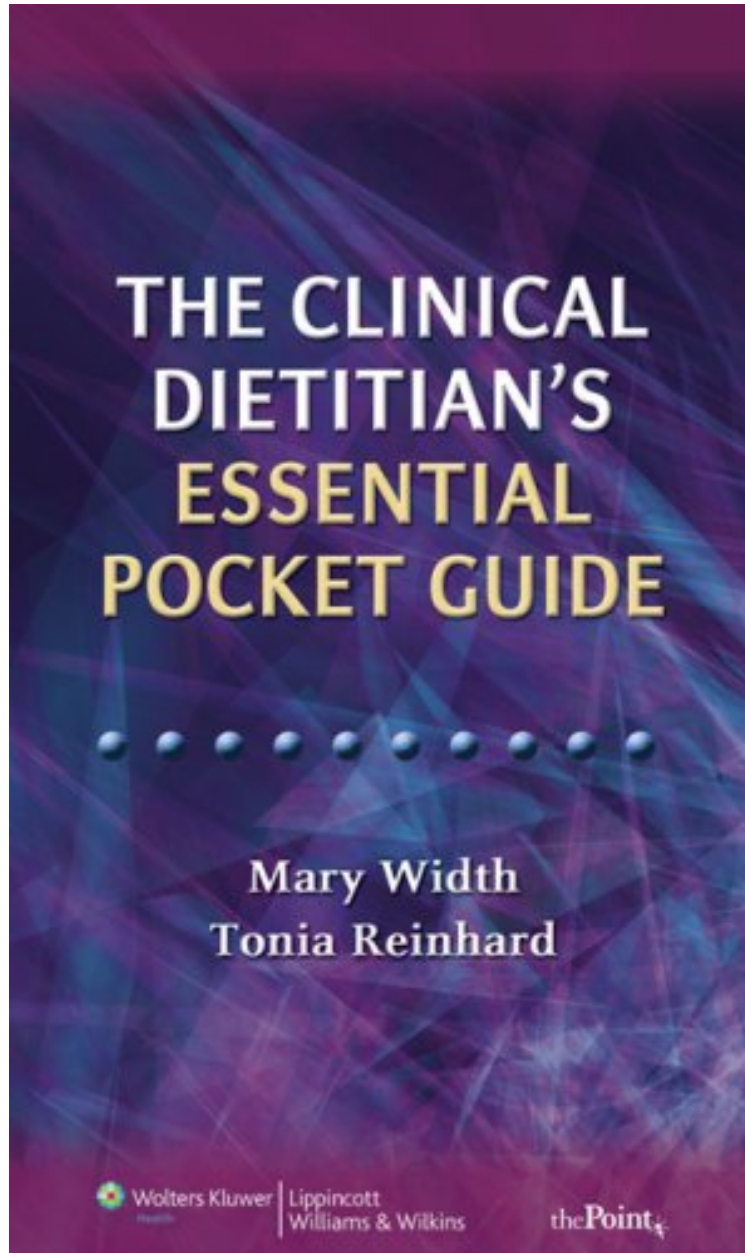


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## The Clinical Dietitian's Essential Pocket Guide

*Mary Width, Tonia Reinhard*

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0 of 0 people found the following review helpful. DisappointedBy ElizaThe pages in this manual are thinner than

newspaper. They start to rip when I (very gently!) flip through it. Expected much better since I paid over \$40 for this tiny book. Info is just okay, estimations seem off for certain calculations (fluid needs, a few others). It's just okay. Whats the point of having a pocket guide that is too delicate to carry around and use as a reference?!6 of 6 people found the following review helpful. Excellent resourceBy AKRI am an RD who purchased this book for hospital use. I highly recommend it! The book provides specific recommendations for nutrition support, including tube feedings. It has space for notes. I doubt I will use my heavy binder ever again! I prefer this guide to the ADA pocket guide. I found that the ADA guide did not have much information that I actually needed on the floors. This guide, however, contains specific info that I will use!7 of 7 people found the following review helpful. Covers A LOT!By StinaRdI got this book in edition to 5 other pocket books. My clinical rotation gave me a lot of information for that particular hospital, and I still referred to this book A LOT! It has almost everything. I did find the RDs thought some of the quick calorie estimates to be a bit high and liberalized. My preceptors were more on the conservative side. It really depends on the hospital/RD you are with. Overall, I know I will still be using this while I get established and am very happy with it.

The Clinical Dietitian's Essential Pocket Guide is an up-to-date, concise pocket-sized reference that clinical dietitians can tailor to their own practice. Part I covers nutritional assessment, life stage assessment, and nutrition support. Part II addresses nutrition considerations for specific diseasesmdash;cancer, cardiovascular disease, diabetes, gastrointestinal diseases, liver and pancreatic diseases, renal diseases, and pulmonary diseases. Appendices on food-drug interactions, laboratory assessment, and useful reference materials are also included. Within each disease chapter, a uniform format includes sections on disease process, treatment and nutritional intervention, and patient education. Blank pages in each chapter allow users to add their own notes or references.