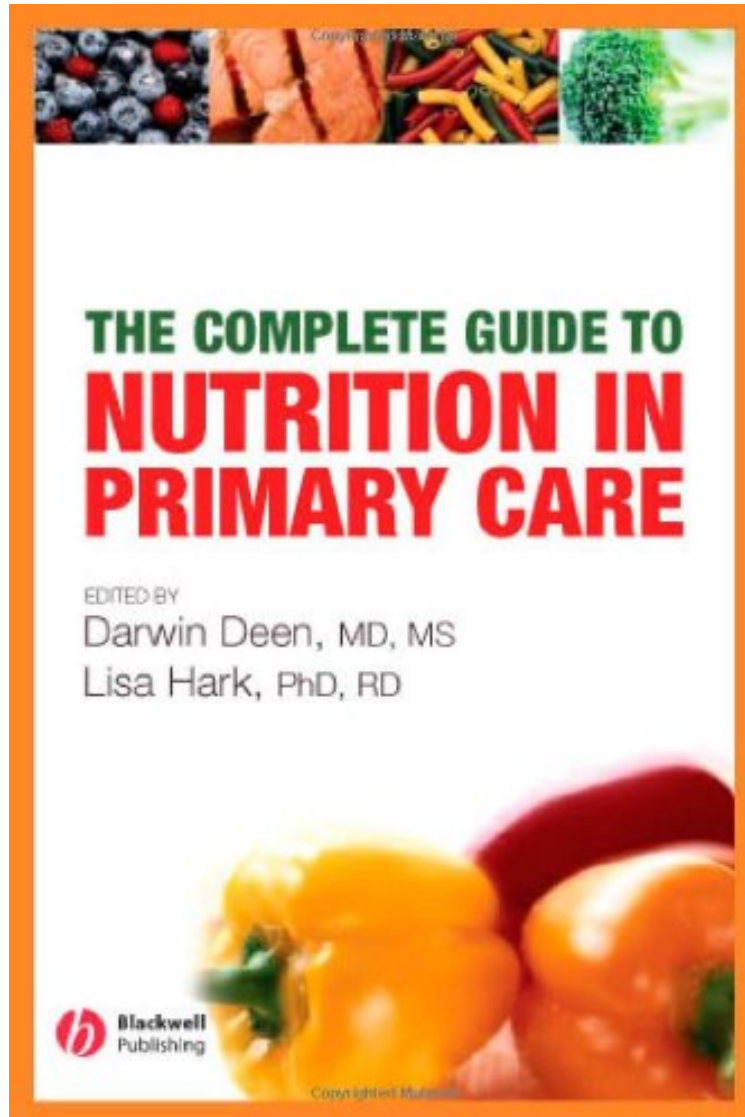


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The Complete Guide to Nutrition in Primary Care

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From Brand: Wiley-Blackwell : The Complete Guide to Nutrition in Primary Care before purchasing it in order to gage whether or not it would be worth my time, and all praised The Complete Guide to Nutrition in Primary Care:

2 of 2 people found the following review helpful. good bookBy AudreyThis book covers nutrition in different ages/stages of life.It isn't for treating specific diseases, but it does discussrecommendations for those with weakened bones, kidney problems,anemia, etc.

The Complete Guide to Nutrition in Primary Care Edited by Darwin Deen, MD, MS Lisa Hark, PhD, RD Clinicians

and patients agree that primary care office visits should include routine nutrition assessment and counseling. But how do you fit it into an already crowded consultation? And what is the most up-to-date advice? With *The Complete Guide to Nutrition in Primary Care*, Drs. Deen and Hark provide the necessary tools. This comprehensive overview of nutrition answers your questions on: Nutrition as Preventive Medicine; Nutrition through the Lifecycle; Improving Health by Changing Diet and Lifestyle Behaviors; Vitamins, Minerals, Dietary Supplements, and the Alternative; Successful Changes to the Environment. This timely paperback contains everything the primary care clinician needs to counsel patients on diet and lifestyle issues. Keep it close at hand for the frequent consultation it is sure to receive. Dr. Darwin Deen is one of the nation's foremost authorities on nutrition. Currently Professor of Clinical, Family and Social Medicine and Director of Medical Student Education at the Albert Einstein College of Medicine in New York, he has trained a generation of physicians on the connection between nutrition and health. He has played a leading role in revising medical school curricula to incorporate nutrition training. An award-winning teacher and noted author, he serves as Chair of the Task Force on Medical Nutrition Education of the American College of Nutrition and co-chairs the Group on Nutrition of the Society of Teachers of Family Medicine. His years of experience as a family physician make him perfectly suited to advise clinicians on counseling their patients on diet and lifestyle. Dr. Lisa Hark is a renowned family nutrition expert, with more than 20 years of experience in nutrition counseling and promoting the benefits of healthy eating in children and adults. As Director of the Nutrition Education Program at the University of Pennsylvania School of Medicine in Philadelphia, she developed a model medical school curriculum and textbook, *Medical Nutrition and Disease*, which has become one of the most widely used texts in nutrition education. She was given the Excellence in Medical/Dental Nutrition Education award from the American Society for Nutrition. Dr. Hark was also the host of the TV show, *Honey, We're Killing the Kids*, which airs on TLC, and is a widely sought after speaker who communicates nutrition concepts effectively to health professionals, patients, and the media. www.blackwellmedicine.com

"This work is intended for practicing primary physicians, nurses, and those going into these fields. It is meant as a general overview for those who need to include a routine nutrition assessment into their patients' visits. It would be a welcome addition in health care collections." (American Reference Books Annual, Vol. 39 (2008)) "Due for release in July, this guide arms health professionals and consumers with nutritional information for preventing obesity-related diseases. Essential for expanding knowledge and research into preventative medicine." (Optimum Nutrition, Summer 2007) "The authors note the unique contributions that registered dietitians can make in the prevention and management of chronic disease." (Doodys) "Due for release in July, this guide arms health professionals and consumers with nutritional information for preventing obesity-related diseases. Essential for expanding knowledge and research into preventative medicine." Optimum Nutrition, Summer 2007 "The authors note the unique contributions that registered dietitians can make in the prevention and management of chronic disease." Doodys

The aim of this book is to assist PAs and all primary care clinicians as they incorporate nutrition into routine patient care. The book will cover nutrition assessment and therapy for the most common medical conditions seen in the primary care setting. With the epidemic of obesity and its associated consequences, including heart disease, hypertension, diabetes, and cancer, clinicians need to be able to assess and counsel patients about their diet and lifestyles on a daily basis. Despite this need, however, nutrition education has been lacking in medical schools and residency programs. The result- most PAs (all primary care practitioners) who treat patients every day are inadequately trained in nutrition, and lack the information their patients want and need. Studies also document that patients want their practitioners to advise them about nutrition therapy, vitamin and mineral use, information on popular weight loss diets, and "natural" weight loss supplements. *The Complete Guide to Nutrition in Primary Care* will provide the necessary tools to accomplish this training, allowing primary care practitioners to provide up-to-date, practical information to their patients.