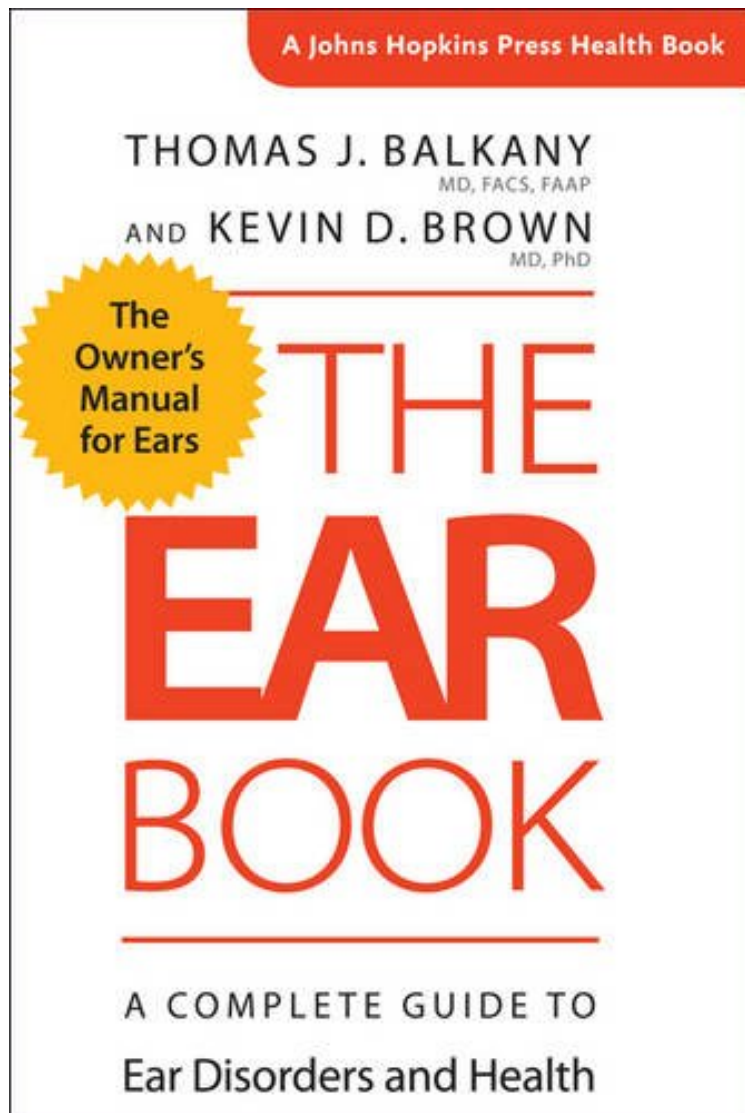


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## The Ear Book: A Complete Guide to Ear Disorders and Health (A Johns Hopkins Press Health Book)

*Thomas J. Balkany, Kevin D. Brown*  
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#1263192 in Books Balkany Thomas J 2017-05-10Original language:English 9.00 x .61 x 6.00l, #File Name: 1421422859256 pagesThe Ear Book A Complete Guide to Ear Disorders and Health | File size: 20.Mb

**Thomas J. Balkany, Kevin D. Brown : The Ear Book: A Complete Guide to Ear Disorders and Health (A Johns Hopkins Press Health Book)** before purchasing it in order to gage whether or not it would be worth my time, and all praised The Ear Book: A Complete Guide to Ear Disorders and Health (A Johns Hopkins Press Health Book):

5 of 5 people found the following review helpful. Best Health Book for College Bound Girls - Fantastic  
By danielle strauss  
I just purchased Dr. Jennifer Wider's *The Doctor's Complete College Girls' Health Guide* for my two daughters who are off to college this summer. This book is the most informative health guide for young college girls on the market that they will actually read and keep as an informative health guide on their shelves at college. Dr. Wider has succeeded in writing a book that is easy to read and understand but most importantly an invaluable guide for young women. Having worked in the health education area for over 15 years, I can only commend her for a fantastic book that is long overdue. Not only have I bought a book for each of my daughters but also several for friends of mine with college bound girls. From basic health tips to practical guidance, this book addresses it all and helps young women to answer many questions that otherwise they would be reluctant to ask about. This is a must buy book for all those mothers who want to send their daughters off to college in the most prepared and educated way.  
5 of 5 people found the following review helpful. A great book from beginning to end  
By Eliza  
I know that this book was written for college girls, but as a high school student, I think it is a great resource. I think the strongest section of the book is on mental health issues. Depression and anxiety affect women a lot and I think the author does an excellent job detailing the problems. I also really liked the section on alcohol, self-esteem issues and other illnesses that might affect young women. My cousin is headed off to college in September and I told her to get this book.  
4 of 4 people found the following review helpful. College student who thoroughly enjoyed this book!  
By Alecia Plimpton  
I really enjoyed Dr. Jennifer Wider's book about health matters in college. It contains a lot of helpful advice and wisdom for women my age. Sometimes I think college administrators don't recognize the issues that affect the students. At times, I felt at a total loss on campus--especially when it comes to gaining weight during college. How many times have we ordered pizza late at night for study breaks or eaten unhealthy snacks. Many of my friends gained weight freshman year and this book offers a lot of tips to avoid the freshman 15!  
On a more serious note, I had a friend who was the victim of a date rape on another campus. She had to drop out of school for a semester--this book definitely addresses this serious and often scary topic in depth. I give this book 5 stars!

Intricately shaped and amazingly sensitive, ears are the organs of hearing and balance. When something goes wrong with the ears whether infection or cancer, eardrum perforation or hearing loss our overall well-being is generally disturbed. In *The Ear Book*, Drs. Thomas J. Balkany and Kevin D. Brown, recognized experts on ears and hearing, explain how the anatomy of the ear facilitates hearing and balance and then examine the causes, symptoms, and treatment of common problems of the outer, middle, and inner ear. Their explanations take the mystery out of hearing aids, the proper care of ears, and how the pressurized conditions of scuba diving and air travel affect the ears. And they debunk ear-related myths from the notion that exposure to loud noise strengthens the ear to the idea that tinnitus can be cured with nutrients and urge readers to stop using ear candling or Q-tips to get rid of wax. Drs. Balkany and Brown address such common questions as: Can dizziness be cured? How loud is too loud? Why do my ears ring? Do cochlear implants work for nerve deafness? What promise do innovations in gene therapy and stem cell therapy hold for the future? Fully illustrated and including helpful tables, hearing preservation tips, a glossary of terms, lists of ear medications and resources, and suggestions for further reading, *The Ear Book* is sure to be a welcome family guide.

"An excellent book that will be of interest to people with ear problems, doctors who do not specialize in ear disorders, and medical trainees." (Gregory T. Whitman, MD, Massachusetts Eye and Ear Infirmary, coauthor of *Dizziness: Why You Feel Dizzy and What Will Help You Feel Better*) "Everything you ever wanted to know about ears from two outstanding physician scientists. I loved this book!" (Donna Shalala, Former U.S. Secretary of Health and Human Services) "The *Ear Book* is written primarily for the lay public, however generalists will find it very useful. The illustrations are simple, clear, and to the point, with special emphasis on anatomy and diseases and their treatments. I found the little vignettes regarding disease presentation to be particularly useful. Patients will surely identify with them. Otolaryngologists and otologists would do well to keep a copy of this book in their offices as a suggested reference for diseases of the ear and vestibular system. It will significantly improve their patients understanding of their disease. Thank you, Dr. Balkany and Dr. Brown, for writing this much-needed reference for our patients." (Rodney Lusk, MD, Past President, American Academy of Otolaryngology - Head and Neck Surgery) "The *Ear Book* by Drs. Thomas Balkany and Kevin Brown is an up-to-date, thorough guide to disorders of the ear. It is clear, concise, interesting and easily understood. The information is reliable and accurate. Written by highly respected, leading ear specialists with decades of experience, this information is something not easily found in today's world filled with misinformation. This book is gem for everyone with questions about their ears. I highly recommend it especially the chapter on *Myths of the Ear*!" (D. Bradley Welling, MD, PhD, Harvard University Department of Otolaryngology) About the Author Thomas J. Balkany, MD, FACS, FAAP, is the Hotchkiss Professor and chairman emeritus of the Department of Otolaryngology at the University of Miami Miller School of Medicine. He is the coeditor of *Clinical Pediatric Otolaryngology*. Kevin D. Brown, MD, PhD, is an associate professor of otolaryngology/head and neck surgery and neurosurgery at the University of North Carolina School of Medicine,

where he is the chief of the Division of Otology and Neurotology.